



# STAYFIT®



OUR MOTTO  
**FITNESS FOR ALL**

OUR MISSION  
**BUILDING HEALTHY INDIA**  
SINCE 1996



## THE TRUSTED BRAND FOR 30 YEARS



## VISION

Our vision is to inspire and empower individuals to prioritize fitness, making exercise an essential part of their daily lives. We believe that through regular physical activity, everyone can enhance their strength, improve their well-being, and lead healthier, more fulfilling lives.

## MISSION

At STAYFIT, our mission is to empower individuals and fitness enthusiasts across India to achieve their health and wellness goals by providing high-quality, innovative fitness equipment. We are committed to offering accessible, durable, and effective solutions that support active lifestyles, enhance workout experiences, and promote overall well-being. By providing top-tier fitness products, we aim to contribute to building a healthier India and inspire a nationwide movement towards physical fitness and wellness.

## CORE VALUES

**Quality and Innovation** – Focusing on delivering top-notch products and continuously improving through creative solutions.

**Customer-Centricity** – Prioritizing the needs and satisfaction of customers in all decisions and actions.

**Integrity** – Upholding honesty, transparency, and strong ethical standards in all dealings.

**Health and Wellness** – Promoting well-being for individuals and communities, emphasizing physical and mental health.

**Accessibility** – Ensuring products, services, and information are available and usable by all individuals, regardless of their circumstances.

**Sustainability** – Committing to environmental responsibility and long-term ecological balance.

**Community and Support** – Fostering strong relationships and providing resources to support local and global communities.

**Excellence** – Striving for the highest standards in performance, service, and results.



Stayfit Founder, Dr. GK Ganapathy Reddy, has received numerous prestigious awards on national and international platforms for his exceptional contributions to the fitness industry.





Dr. GK Ram Prasad Reddy, MD of Stayfit Group – inspiring as a fitness consultant, marathon runner, long-distance cyclist, triathlete, and Half Ironman athlete.





Partial list of our Esteemed Clientele

 <b>WIPRO</b> Applying Thought				
 <b>McAfee</b>				 Leading Innovation >>>
 <b>EPSON</b> EXCEED YOUR VISION				
 <b>servicenow</b>		 HINDUJA GLOBAL SOLUTIONS		 THE TIMES OF INDIA
 The Future in Motion				
 <b>ALLEGION</b>			 The Engineer's Choice	 <b>ACC</b> ACC LIMITED
	 THE PERFECT WHITE ISO 9001, 14001, OHSAS 18001 & SA 8000 CERTIFIED	 Bharat Cement		 KARNATAKA STATE POLICE CRIMINAL INVESTIGATION DEPARTMENT C.I.D.
				
		 B.B.M.P		 <b>Fortis</b> HOSPITAL
		 SANJAY GANDHI HOSPITAL SGH		 The banker to every Indian



Partial list of our Esteemed Clientele

				Shimoga City Club



# TEN KEY BENEFITS OF TREADMILL WORKOUTS





## BENEFITS OF USING A CROSS TRAINER

### Low-Impact Workout

Provides a smooth, joint-friendly alternative to running, reducing stress on knees, hips, and back.

### Full-Body Engagement

Simultaneously works both upper and lower body—arms, legs, glutes, and core.

### Boosts Cardiovascular Health

Strengthens the heart, improves stamina, and helps regulate blood pressure and cholesterol.

### Supports Weight Loss

Burns calories efficiently, especially when used for interval or resistance-based workouts.

### Improves Balance & Coordination

Using both arm and leg movements helps develop better stability and body control.

### Builds Muscle Endurance

Strengthens key muscle groups without heavy impact or strain.

### Customizable Resistance

Adjustable settings allow you to increase intensity, simulate hill climbs, or focus on endurance.

### Enhances Mental Well-Being

Like all cardio, it releases feel-good endorphins that reduce stress and improve mood.

### Time-Efficient Workouts

Great for high-intensity interval training (HIIT) or quick, effective cardio sessions.

### Safe for All Fitness Levels

Suitable for beginners, older adults, and those recovering from injury.



## BENEFITS OF USING STRENGTH EQUIPMENT

### **Builds Muscle Strength**

Targets specific muscle groups to increase power and overall strength effectively.

### **Improves Muscle Tone**

Helps sculpt and define muscles, leading to a leaner, more toned physique.

### **Supports Weight Management**

Increases muscle mass, which boosts resting metabolism and helps burn more calories even at rest.

### **Enhances Bone Health**

Weight-bearing resistance training increases bone density, reducing the risk of osteoporosis.

### **Injury Prevention**

Strengthens muscles, ligaments, and joints, making the body more resilient to injury.

### **Improves Posture & Balance**

Targets core and stabilizing muscles, leading to better posture and body alignment.

### **Customizable Resistance**

Allows you to adjust weight and difficulty based on your fitness level and goals.

### **Safer for Beginners**

Machines offer guided motion, reducing the risk of improper form compared to free weights.

### **Supports Rehabilitation**

Controlled movement and isolation make strength machines useful in injury recovery programs.

### **Boosts Confidence & Independence**

Increases physical ability for daily tasks, sports, and overall functional fitness.



# HEALTH IS EVERYTHING

## DON'T WAIT TO LOSE IT



*You can have 1,000 problems in life until you have a health problem, and then you only have one. Everything else, money, relationships, stress, fades away in the shadow of it. Suddenly the things you once worried about seem so small, because nothing else matters, when your body or mind is screaming for help.*

*Health isn't just something you have, it's everything. It's the ability to wake up and feel alive, to move freely, to laugh without pain, to breathe without struggle. But we take it for granted, don't we? Until it's gone, we don't truly understand how precious it is.*

*When your health is compromised, every little thing becomes harder. Dreams get put on hold, happiness feels distant, and life's colours start to fade. That's why taking care of yourself isn't a luxury.*

*It's an act of love, a gift to your future self. Because when you're healthy, you can face anything. Without it, even the smallest battles feel impossible.*

*Don't wait to lose it to realise its value. Treasure it now, while you still can.*



## INDEX

### Commercial Fitness Equipment

1. Treadmills
2. Elliptical Cross Trainers
3. Upright Bikes
4. Recumbent Bikes
5. Spin Bikes
6. Rowing Machines
7. Air Bikes & Ski Machines
8. Functional Trainers & Multi-Gyms
9. Plate-Loaded Machines
10. Strength Training Accessories  
(Flip Tyres, Sleds, Ab Coaster, BMI Machine)

### Commercial Strength Equipment

1. Titan Series
2. Eagle Series
3. Platinum Series
4. Diamond Series
5. Leader Series
6. Delite Series

### Domestic Fitness Equipment

1. Treadmills
2. Elliptical Cross Trainers
3. Upright Bikes
4. Recumbent Bikes
5. Spin Bikes
6. Rowing Machines
7. Air Bikes
8. Home Gyms
9. Benches

### Accessories

#### Outdoor Fitness Equipment

#### Indoor Games

#### Children Play

#### Fitguard

#### Stayfit Magazine

#### Stayfit Healthcare

#### Stayfit Apparels

#### Stayfit HUB

Equipment/models are designed, engineered in USA & assembled in USA, Taiwan, China & Korea.  
As a continuing policy of product improvement, the design & specifications of the models are subject to change without any prior notice.



### HEIGHT & WEIGHT TABLE

#### ( WOMEN )

Height	Small Frame	Medium Frame	Large Frame
148 cm (4' 10")	44 - 48 kgs	46 - 51 kgs	49 - 57 kgs
150 cm (4' 11")	45 - 49 kgs	47 - 53 kgs	51 - 58 kgs
153 cm (5' 0")	46 - 50 kgs	49 - 54 kgs	52 - 59 kgs
155 cm (5' 1")	48 - 51 kgs	50 - 55 kgs	53 - 61 kgs
158 cm (5' 2")	49 - 53 kgs	51 - 57 kgs	55 - 63 kgs
160 cm (5' 3")	50 - 54 kgs	53 - 59 kgs	57 - 63 kgs
163 cm (5' 4")	52 - 56 kgs	54 - 61 kgs	59 - 66 kgs
165 cm (5' 5")	54 - 58 kgs	56 - 63 kgs	60 - 68 kgs
168 cm (5' 6")	55 - 59 kgs	58 - 65 kgs	62 - 70 kgs
170 cm (5' 7")	57 - 61 kgs	60 - 67 kgs	64 - 72 kgs
173 cm (5' 8")	59 - 63 kgs	62 - 69 kgs	66 - 74 kgs
175 cm (5' 9")	61 - 65 kgs	63 - 70 kgs	68 - 76 kgs
178 cm (5' 10")	63 - 67 kgs	65 - 72 kgs	69 - 79 kgs
180 cm (5' 11")	65 - 69 kgs	67 - 74 kgs	70 - 81 kgs
183 cm (6' 0")	67 - 71 kgs	69 - 76 kgs	72 - 83 kgs

#### ( MEN )

Height	Small Frame	Medium Frame	Large Frame
155 cm (5' 1")	51 - 54 kgs	54 - 59 kgs	57 - 64 kgs
158 cm (5' 2")	52 - 56 kgs	55 - 60 kgs	59 - 65 kgs
160 cm (5' 3")	53 - 57 kgs	56 - 62 kgs	60 - 67 kgs
163 cm (5' 4")	55 - 58 kgs	58 - 63 kgs	61 - 69 kgs
165 cm (5' 5")	56 - 60 kgs	59 - 69 kgs	63 - 71 kgs
168 cm (5' 6")	58 - 62 kgs	61 - 67 kgs	64 - 73 kgs
170 cm (5' 7")	60 - 64 kgs	63 - 69 kgs	67 - 75 kgs
173 cm (5' 8")	62 - 66 kgs	64 - 71 kgs	68 - 77 kgs
175 cm (5' 9")	64 - 68 kgs	66 - 73 kgs	70 - 79 kgs
178 cm (5' 10")	65 - 70 kgs	68 - 75 kgs	72 - 81 kgs
180 cm (5' 11")	67 - 72 kgs	70 - 77 kgs	74 - 84 kgs
183 cm (6' 0")	69 - 74 kgs	72 - 79 kgs	76 - 86 kgs
185 cm (6' 1")	71 - 76 kgs	74 - 82 kgs	78 - 88 kgs
188 cm (6' 2")	73 - 78 kgs	76 - 84 kgs	81 - 90 kgs
190 cm (6' 3")	74 - 79 kgs	78 - 86 kgs	83 - 93 kgs
193 cm (6' 4")	76 - 81 kgs	80 - 88 kgs	85 - 95 kgs
195 cm (6' 5")	78 - 83 kgs	82 - 90 kgs	87 - 97 kgs
198 cm (6' 6")	80 - 85 kgs	84 - 92 kgs	89 - 99 kgs



### CTX9.9 | AC MOTORISED COMMERCIAL TREADMILL

Motor: AC 5 HP Continuous / 10 HP Peak  
Speed: 1-25 Kms/hr  
Running Area: 24" x 63"  
Auto Incline: 15%  
Max. User Weight: 220 Kgs  
Console: 18.5" TFT Touch Screen / Video Compatible  
Interactive Programs: Virtual Training + 19 Preset Programs Includes Goal & Pace Counting  
Cushion System: Suspension Cushion System  
Ortho Belt: Reduces impact on joints, making running or walking easier on knees, ankles, and back.  
Ergonomically designed ergo handlebar: Durable frame structure for the ultimate running experience.  
More Features: Unfoldable, Handgrip Pulse, MP3 Interface & Built-in Speaker, Audio Output, USB Reader, Automatic Lubrication System  
Product Dimension: 215.5×99×151 cm  
Net Weight: 226 kg  
Gross Weight: 300 kg



### CTX9.6 | AC MOTORISED COMMERCIAL TREADMILL

Motor: AC 4 HP Continuous / 8 HP Peak  
Speed: 1-22 Kms/hr  
Running Area: 24" x 68"  
Auto Incline: 15%  
Max. User Weight: 220 Kgs  
Deck: Double phenolic, heavy cushioned for excellent shock absorption  
Safety: Reduces risk of injury to knees and joints with proper push-off  
Display: Multi-window LED showing time, speed, distance, incline, calories, heart rate  
Workout Programs: 18 built-in programs, including fat-burning options  
Console: Sweat-proof for durability  
Music System: MP3/USB connectivity with integrated speakers  
Net Weight: 233 kg  
Gross Weight: 342 kg



### CTX9.1 | AC MOTORISED COMMERCIAL TREADMILL

Motor: AC 5 HP Continuous / 10 HP Peak  
Speed: 1-20 Kms/hr  
Running Area: 23" x 60"  
Auto Incline: 20%  
Max. User Weight: 180 Kgs  
Unit Dimensions: 2200 × 910 × 1615 mm  
Smart Features:  
23.6-inch Touch Screen  
Bluetooth Connectivity  
Wi-Fi Enabled  
Social Connectivity  
Real-Time Data Tracking  
Real-World Experience Simulation



### **CTX7 TFT** | AC MOTORISED COMMERCIAL TREADMILL

Motor: AC 4 HP Continuous / 8 HP Peak  
Speed: 1-22 Kms/hr  
Running Area: 24" x 65"  
Auto Incline: 15%  
Max. User Weight: 180 Kgs  
Tread Belt:  
Heavy-duty 2-ply commercial running belt, 3mm thick for durability.  
Pre-programmed Workouts: 8 programs with 3 difficulty levels, including Weight Loss, Cardio Training, Fat Burn, Power Walk, Interval, Rolling, and Mountain Climb, plus 1 custom self-program option.  
Safety: Anti-skid rail grippers



### **TM498** | AC MOTORISED COMMERCIAL TREADMILL

Motor: AC 5 HP Continuous / 10 HP Peak  
Speed: 1-20 Kms/hr  
Running Area: 23" x 63"  
Auto Incline: 20%  
Max. User Weight: 180 Kgs  
Weight: N.W: 244 Kg, G.W: 247 Kg  
Display: LED  
Input: 220V, 8.6A  
Running Belt: 3mm  
Running Board: 25mm  
Product Size: 2222 X 930 X 1700mm  
Packing Size: 94.5 x 41.3 x 29.5 inches  
Colour: Orange & black  
Net Weight: 244 kg  
Gross Weight: 267 kg



### **TM496** | AC MOTORISED COMMERCIAL TREADMILL

Motor: AC 5 HP Continuous / 10 HP Peak  
Speed: 1-20 Kms/hr  
Running Area: 23" x 63"  
Auto Incline: 15%  
Max. User Weight: 180 Kgs  
Display: LED  
Input: 220V, 8.6A  
Running Belt: 3mm  
Running Board: 25mm  
Product Size: 2400 x 1000 x 1730 mm  
Net Weight: 268 kg  
Gross Weight: 300 kg



**TM495** | AC MOTORISED COMMERCIAL TREADMILL

Motor: AC 5 HP Continuous / 10 HP Peak  
Speed: 1-20 Kms/hr  
Running Area: 23" x 63"  
Auto Incline: 20%  
Max. User Weight: 180 Kgs  
Display: LED  
Input: 220V, 8.6A  
Running Belt: 3mm  
Running Board: 25mm  
Product Size: 2400 x 1000 x 1730 mm  
Net Weight: 268 kg  
Gross Weight: 328 kg



**TM494** | AC MOTORISED COMMERCIAL TREADMILL

Motor: AC 5 HP Continuous / 10 HP Peak  
Speed: 1-20 Kms/hr  
Running Area: 24" x 62"  
Auto Incline: 20%  
Max. User Weight: 180 Kgs  
Display: LED  
Input: 220V, 8.6A  
Running Belt: 2.5mm  
Running Board: 25mm  
Product Size: 2200 x 910 x 1690mm  
Net Weight: 180 kg  
Gross Weight: 210 kg



**CTX405** | AC MOTORISED COMMERCIAL TREADMILL

Motor: AC 4 HP Continuous / 8 HP Peak  
Speed: 1-24 Kms/hr  
Running Area: 23" x 60"  
Auto Incline: 20%  
Max. User Weight: 160 Kgs  
Main Frame Thickness: 1.5mm  
Color: Full Black  
Programs: Manual + 70 Programs + 5 User + Fat  
Panel Display Functions: Mp3 and USB jack; Bluetooth speaker  
Running Belt Thickness: 1.8mm  
Running Board Thickness: 18mm  
Front & Back Roller Diameter: 70 / 60 mm  
Speed & Incline Quick Key Button: Yes



## CTX 6 | AC MOTORISED COMMERCIAL TREADMILL

Motor: AC 3 HP Continuous / 6 HP Peak  
Speed: 1-20 Kms/hr  
Running Area: 20" x 53"  
Auto Incline: 15%  
Max. User Weight: 170 Kgs  
Rollers: Extra-large 95mm crowned rollers for smoother operation  
Deck: 30mm pre-waxed phenolic deck for durability and smoothness  
Shock Absorption: Advanced 6-point deck suspension and 4 anti-shock soft cushioning system  
Display: LCD with a single window display showing time, speed, distance, calories, and heart rate via touch screen  
Programs: 8 built-in programs with 3 levels each, including Weight Loss, Cardio Training, Fat Burn, Power Walk, Interval Rolling, Mountain Climb, and more.



## TM632 | CURVE COMMERCIAL TREADMILL

Max. User Weight: 150 Kgs  
Running Belt Material: Aluminium  
Running Area: 1600 x 470 mm  
Running Belt Size: 3220 x 470 mm  
Display: LED  
Product Size: 1800\*970\*1630 mm  
Packing Size: 1910\*950\*590 mm  
Net Weight: 225 kg  
Gross Weight: 245 kg



## i16 | MAGNETIC COMMERCIAL TREADMILL

Max. User Weight: 180 Kgs  
Tension Control: Magnetic, up to 8 levels  
Display:  
LCD screen showing Time, Speed, Distance, Calories & Hand Pulse  
Running Area: 20" x 53"  
Console: LCD Display  
Elevation: Manual incline, 3 levels  
Cushion Deck: Soft cushion  
Treadmill Weight: 100 kg  
Usage: Commercial use  
Foldable: Yes



## CEG-365 | COMMERCIAL ELLIPTICAL BIKE

Max. User Weight: 180 Kgs  
Console: Time/ Speed/ RPM/ Distance/ H.R./ HR Zone/ BAI/ Calorie/ Watt/ 400m-Lap; Pause; WIFI- iconsole+/ KINOMAP/ YOUTUBE/ SPOTIFY/ FACEBOOK/ TWITTER/ INSTAGRAM... w/Tablet & Phone stand  
Programs: Quick Start/ Interval/ Map Your Route/ Constant Power/ 12-Programs/ H.R. Control  
Resistance: 32-Level Electromagnetic Resistance Max.Up to 300 Watts  
Stride Length: 512mm/ 20"  
Features: Taiwan Top Quality Generator System; w/Quick keys on handlebar; w/Transport Wheels. w/Accessory & Bottle Holder  
Set-Up Size: 233 x 73 x 180 cm  
Carton Size: 230 x 70 x 98 cm  
Net Weight: 133 kg  
Gross Weight: 160 kg

## CEG-363 | COMMERCIAL INCLINE CROSSTRAINER

Max. User Weight: 160 kgs  
Console: Multi-LED Dot Matrix Display; Bluetooth Connect for Apps - iconsole+/ Kinomap/ Swift; BLT Wireless Pulse Receiver; Time/ Speed/ Dist/ Level/ RPM/ Cal/ Watt/ Pulse/ Age; START/ PAUSE/ STOP + Input Key; Manual Start/ 20-Programs/ 3-Calories/ 3-H.R.C. +T.H.R. & 6-Watt Training/ Watt Constant/ 3-Intermittent w/ MP3 Speaker  
Programs: Quick Start/ Interval/ Map Your Route/ Constant Power/ 12-Programs/ H.R. Control  
Resistance: 32-Level Electromagnetic Resistance Max. up to 300 Watt  
Incline: 3-Level Manual Incline  
Flywheel: 2-Way Bearing Taiwan Top Quality Generator System  
Stride Length: 533mm/ 21"  
Features: w/ Tablet & Phone stand; w/ Wireless Smart Charger; w/ Quick Keys on Handlebar; w/ Accessory & Bottle Holder  
Net Weight: 172 kg  
Gross Weight: 146 kg



## CEG-615 | COMMERCIAL ELLIPTICAL CROSSTRAINER

Max. User Weight: 180 kgs  
Power Supply: Self-Generating  
Resistance: Magnetic Resistance  
Assembly Size: 2170 x 750 x 1670 mm  
Stride Length: 35.43" (90 cm)  
Packing Size: 2180 x 650 x 680 mm / 0.964 CBM  
Net Weight: 113 kg  
Gross Weight: 155 kg



## CEG-610 | COMMERCIAL ELLIPTICAL CROSSTRAINER

Max. User Weight: 160 kgs  
Power Supply: Self-Generating  
LCD Display: Time, Speed, Distance, Calories, Scan, Pulse  
32 Resistance Levels  
7 Preset Programs  
Assembly Size: 210 x 64 x 180 cm  
Wooden Box Size: 116 x 72 x 87 cm  
Net Weight: 93.95 kg  
Gross Weight: 118.4 kg

## SCE-203 | COMMERCIAL ELLIPTICAL CROSSTRAINER

Max. User Weight: 150 kgs  
Console: 15.6" TFT Touch Screen; Time/ Speed/ RPM/ Distance/ H.R./ HR Zone/ BAI/ Calorie/ Watt; 400m-Lap; Pause  
Programs: Quick Start/ Interval/ Map Your Route/ Constant Power/ 12-Programs/ H.R. Control; WIFI: iconssole+ / KINOMAP/ YOUTUBE/ SPOTIFY/ FACEBOOK/ TWITTER/ INSTAGRAM  
Resistance: 32-Level Auto Tension Control  
Flywheel: 10 Kg Full-Magnetic/ 2-Ways Bearing  
Incline: 20 Level Auto Incline; Multi Pathway by Incline  
Stride: 510mm / 20"  
Features: Better Workout for Different Muscle Groups and Better Crosstraining Experience; Comfortable Oversize Pedal with Cushioning Base; Accessory & Bottle Holder; Lifting Handle & Big Transport Wheels  
Product Dimension: 170 x 60 x 180 cm  
Packing Dimension: 185 x 57.5 x 97 cm  
Net Weight: 88 kg  
Gross Weight: 102 kg



## CEX-330 | COMMERCIAL ELLIPTICAL CROSSTRAINER

Max User Weight: 150 kgs  
Console Functions: Scan, Time, Distance, Calories, Pulse, Speed, RPM, Recovery, Body Fat Analysis  
Resistance: 15-Level Magnetic Resistance  
Stride Length: 510mm (20")  
Features: Tablet & Smartphone Stand, Large Transport Wheels  
Assembled Size: 221 x 78 x 179 cm  
Carton Size: 200 x 38.5 x 92 cm  
Net Weight: 87.2 kg  
Gross Weight: 105.6 kg



## SCE-133 | COMMERCIAL ELLIPTICAL CROSSTRAINER

Max. User Weight: 140 kgs  
Dimensions: 55 x 28 x 25 inches  
Stride Length: 26" natural stride  
Resistance Levels: 16 Levels electromagnetic resistance  
Resistance System: Electromagnetic  
Drive System: Center drive with silent poly-V belt  
Pedals: Self-balancing, impact-absorbing, fits all sizes  
Centre of Gravity: Low, stable design  
Cardio Monitor: Pulse sensor on front handles  
Display: LCD console showing time, distance, speed, calories, and pulse  
Frame: Arched for stability and durability  
Net Weight: 81 kg  
Gross Weight: 92 kg

## CEG-361 | COMMERCIAL UPRIGHT BIKE

Max. User Weight: 160 kgs  
Console: Multi-LED Display, Bluetooth (iConsole+, Kinomap, Zwift), BLT  
Wireless Pulse Receiver, MP3 Speaker  
Programs: Quick Start, Interval, Map Route, Constant Power, 12 Programs, HR Control  
Resistance: 32-Level Electromagnetic, Max 300W  
Flywheel: 14kg, One-Way Bearing, High-Quality Generator  
Crank: 3PCS, 170mm  
Features: Tablet & Phone Stand, Wireless Smart Charger, Quick Keys on Handlebar, Accessory & Bottle Holder  
Set-Up Size: 120 x 56 x 150 cm  
Carton Size: 118 x 32.5 x 85 cm  
Net Weight: 81 kg  
Gross Weight: 96 kg



## CUG-1159 | COMMERCIAL UPRIGHT BIKE

Max User Weight: 150 kgs  
Machine Size: 111 x 56 x 148 cm  
Packing Size: 143 x 62 x 77 cm / 0.68 cbm  
Display: Speed, Time, Distance, Calories, Heart Rate  
Resistance: 32 Levels  
Power: Self-Powered Generator  
Flywheel: 8 kg  
Crank: 3 Pieces  
Programs: 15 Pre-set  
Net Weight: 59 kg  
Gross Weight: 81 kg



## SCU-201 | COMMERCIAL UPRIGHT BIKE

Max. User Weight: 150 kgs  
Console Features: Scan, Time, Distance, Calories, Pulse, Speed, RPM, Recovery, Body Fat  
Resistance: 16-Levels electromagnetic resistance  
Flywheel: 7kg, 1-Way Bearing, Full Magnetic  
Features: 3-piece Oversize Crank, Tablet & Smartphone Stand, Big Transport Wheels  
Set-Up Size: 130 x 63 x 135 cm  
Carton Size: 120 x 38.5 x 76 cm  
Net Weight: 52 kg  
Gross Weight: 62 kg

## SCU-135 | COMMERCIAL UPRIGHT BIKE

Max. User Weight: 140 kgs  
Resistance: 16 levels for adjustable workout intensity  
Power Source: AC adapter for consistent performance  
Flywheel: 12 kg for smooth motion  
Drive System: Center drive with a quiet, smooth belt  
Pedals: Self-balancing with adjustable straps  
Seat: Ergonomically designed and adjustable for comfort  
Handlebars: U-bar style with pulse sensors for tracking  
Display: LCD showing time, speed, distance, pulse, and calories  
Crank Assembly: Single-piece for durability  
Net Weight: 49 kg  
Gross Weight: 55 kg



## CRG-362 | COMMERCIAL RECUMBENT BIKE

Max User Weight: 160 kgs  
Power Supply: Self-Generating  
Console: Multi-LED display, Bluetooth for apps (Kinomap, Zwift), BLT wireless pulse receiver, MP3 speaker  
Programs: Quick Start, Interval, Map Route, Constant Power, 12 Programs, HR Control  
Resistance: 32 levels, up to 300W  
Flywheel: 14kg, Taiwan quality generator system  
Crank: 3PCS, 170mm  
Features: Tablet & phone stand, wireless smart charger, quick keys on handlebar, accessory & bottle holder  
Set-Up Size: 173 x 64 x 137 cm  
Carton Size: 180 x 32.5 x 84 cm  
Net Weight: 104 kg  
Gross Weight: 126 kg



**CRG-1260** | COMMERCIAL RECUMBENT BIKE

Max. User Weight: 200 kgs  
Size: 183 x 68 x 90 cm  
Packing Size: 172 x 68 x 93 cm  
Resistance Levels: 32  
Display: Speed, Time, Distance, Calories, Heart Rate  
Power: Self-Powered  
Flywheel Weight: 8 kg  
Crank: 3 Pieces  
Programs: 15  
Net Weight: 72 kg  
Gross Weight: 102 kg

**SCR-202** | COMMERCIAL RECUMBENT BIKE

Max User Weight: 150 kgs  
Console: Scan, Time, Distance, Calorie, Pulse, Speed, RPM, Recovery, Bodyfat  
Resistance: 15-Level Magnetic Resistance  
Flywheel: 7kg/1-Way Bearing & Full Magnetic  
Features: Step Though Design 3pcs-Oversize crank; w/Tablet & Smart Phone stand; w/Quick Releasing Design for Seat Adjustment; w/Big Transport Wheels  
Set-Up Size: 150 x 65 x 130 cm  
Carton Size: 170 x 38 x 85 cm  
Net Weight: 68 kg  
Gross Weight: 83 kg



**AB-1390** | COMMERCIAL AIR BIKE

Max User Weight: 150 kgs  
Display: Time, Distance, Calories, Speed, Heart Rate  
Drive: Belt + Chain  
Machine Size: 1293mm x 592mm x 1229mm  
Package Size: 1270mm x 310mm x 875mm  
Net Weight: 62 kg  
Gross Weight: 66 kg



### **SNB-1386** | COMMERCIAL SPIN BIKE

Max. User Weight: 150 kgs  
Machine Size: 160 x 63 x 120 cm  
Packing Size: 134 x 275 x 95 cm  
Flywheel Weight: 25 kg  
Net Weight (N.W.): 65 kg  
Gross Weight (G.W.): 68 kg

### **SNB-1381** | COMMERCIAL SPIN BIKE

Max. User Weight: 150 kgs  
Machine Dimensions: 160 x 63 x 120 cm  
Packing Dimensions: 134 x 275 x 95 cm  
Flywheel Weight: 25 kg  
Net Weight (N.W.): 65 kg  
Gross Weight (G.W.): 68 kg



### **SNB-1385** | COMMERCIAL SPIN BIKE

Max. User Weight: 150 kgs  
Machine Size: 122 x 60 x 126 cm  
Packing Size: 120 x 24 x 96 cm  
Flywheel Weight: 25 kg  
Net Weight (N.W.): 57 kg  
Gross Weight (G.W.): 61 kg



### **SNB-5** | COMMERCIAL SPIN BIKE

Max. User Weight: 150 kgs  
Set-Up Size: 134 x 64 x 113 cm  
Carton Size: 129 x 25 x 97 cm  
Flywheel: 25Kg / 2-Ways Motion  
Net Weight (N.W.): 63 kg  
Gross Weight (G.W.): 71 kg



### **SNB-1351** | COMMERCIAL SPIN BIKE

Main Wheel Weight: 18 kg  
Flat Elliptical Tube: 50×100 mm  
Foot Tube: Round Stainless Steel, Ø50 mm  
Seat & Handle Tube: Aluminum Alloy, 40×80 mm  
Packaging Size: 110×30×97cm  
Assembled Size: 1088×560×1045-1300 mm  
Net Weight (N.W.): 50.05 kg  
Gross Weight (G.W.): 53 kg



### **SNB-1352** | COMMERCIAL SPIN BIKE

Main Wheel Weight: 18 kg  
Flat Elliptical Tube: 50×100 mm  
Foot Tube: Round Stainless Steel, Ø50 mm  
Seat & Handle Tube: Aluminum Alloy, 40×80 mm  
Packaging Size: 110×30×97cm  
Assembled Size: 1088×560×1045-1300 mm  
Net Weight (N.W.): 50.05 kg  
Gross Weight (G.W.): 53 kg



### **SNB-1353** | COMMERCIAL SPIN BIKE

Main Wheel Weight: 18 kg  
Flat Elliptical Tube: 50×100 mm  
Foot Tube: Round Stainless Steel, Ø50 mm  
Seat & Handle Tube: Aluminum Alloy, 40×80 mm  
Packaging Size: 110×30×97cm  
Assembled Size: 1088×560×1045-1300 mm  
Net Weight (N.W.): 50.05 kg  
Gross Weight (G.W.): 53 kg



### **SNB-1354** | COMMERCIAL SPIN BIKE

Main Wheel Weight: 18 kg  
Flat Elliptical Tube: 50×100 mm  
Foot Tube: Round Stainless Steel, Ø50 mm  
Seat & Handle Tube: Aluminum Alloy, 40×80 mm  
Packaging Size: 110×30×97cm  
Assembled Size: 1088×560×1045-1300 mm  
Net Weight (N.W.): 50.05 kg  
Gross Weight (G.W.): 53 kg



### R-1594 | AIR ROWING

Max. User Weight: 150 kg  
Product Dimensions: 2290 x 520 x 1220 mm  
Packaging: Carton  
Package Dimensions: 1700 x 320 x 1000 mm  
Display: LED  
Net Weight: 53 kg  
Gross Weight: 73 kg

### R-1588 | AIR ROWING

Max. User Weight: 150 kg  
Product Dimensions: 2360 x 550 x 800 mm  
Packaging: Carton  
Package Dimensions: 2000 x 500 x 650 mm  
Display: LED  
Net Weight: 53 kg  
Gross Weight: 73 kg



### R-1510 | ROWING MACHINE



Max. User Weight: 150 kg  
Display: Speed, Time, Distance, Calories  
Resistance System: Wind Resistance  
Resistance Levels: 10 Adjustable Levels  
Display: LED  
Product Dimensions: 235 x 63 x 36-108 cm  
Packaging: Carton  
Package Dimensions: 143 x 40 x 55 cm  
Net Weight: 29 kg  
Gross Weight: 32 kg



## R-1590 | ROWING MACHINE

Max. User Weight: 150 kg  
Display: Speed, Time, Distance, Calories  
Product Dimensions: 185 x 51 x 73.5 cm  
Packaging: Carton  
Package Dimensions: 120.5 x 54.5 x 69 cm  
Net Weight: 37 kg  
Gross Weight: 43 kg

## RM-9 | ROWING MACHINE

Max. User Weight: 180 kg  
Console: Time, Distance, SPM, WATT, Calories, Stroke, Pulse  
System: FAN + MAGNETIC Wheel System  
Driven: Chain Driven, 1-Way Bearing  
Resistance: Air + Magnetic Dual Resistance  
Features: Aluminum Rowing Rail, Stainless Top Surface, Adjustable Console, Comfortable Seat, Adjustable Pedal  
Set-Up Size: 246 x 78.5 x 106 cm  
Carton Size: 146.5 x 46.5 x 66 cm / 85 x 83.5 x 36.5 cm  
Net Weight: 28 kg  
Gross Weight: 36 kg



## FLIP-1520 | FLIP TYRE

Product Dimensions: 1400 x 1200 x 550 mm  
Net Weight: 100 kg  
Gross Weight: 120 kg



## FLIP-1580 | FLIP TYRE

Product Dimensions: 1650 x 1220 x 510 mm  
Net Weight: 85 kg  
Gross Weight: 105 kg



**TP-1511** | SKI MACHINE

Resistance: Adjustable, 10 levels of windage adjustment  
Machine Size: 130 x 60 x 214 cm  
Packing Size: 132.5 x 67 x 59.5 cm  
Carton Dimensions: 132 x 64 x 55 cm  
Display Functions: Speed, Time, Distance, Calories  
Net Weight (N.W.): 50 kg  
Gross Weight (G.W.): 55 kg



**TP-1515** | COMMERCIAL TRAMPOLINE

Max. User Weight: 200 kg  
Diameter: 1.22 m  
Tube Size: 2.17 mm  
Handle Adjustment Range: 20 cm  
Packing Size: 125 x 114 x 10 cm  
Net Weight: 16 kg  
Gross Weight: 18 kg



**ABC-1535** | AB COASTER

Max. User Weight: 180 kg  
Machine Size: 185 x 72 x 145 cm  
Packing Size: 157 x 46 x 56 cm  
Net Weight (N.W.): 49.125 kg  
Gross Weight (G.W.): 54 kg



**TS-1581** | TANK SLED WITH BASKET

Resistance: Adjustable  
Machine Size: 1250 x 810 x 950 mm  
Net Weight (N.W.): 69.15 kg  
Gross Weight (G.W.): 90.95 kg  
Packing Size: 126 x 87 x 42 cm, 106 x 46 x 33 cm

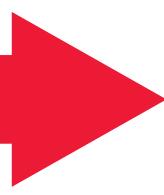


**BM-1595** | BMI MACHINE

Includes: Built-in printer  
Size: 118 x 50 x 48 cm  
Controller Display: 320 x 240  
Screen Language: English  
Digital BMI counter  
Net Weight (N.W.): 34.85 kg  
Gross Weight (G.W.): 39.25 kg



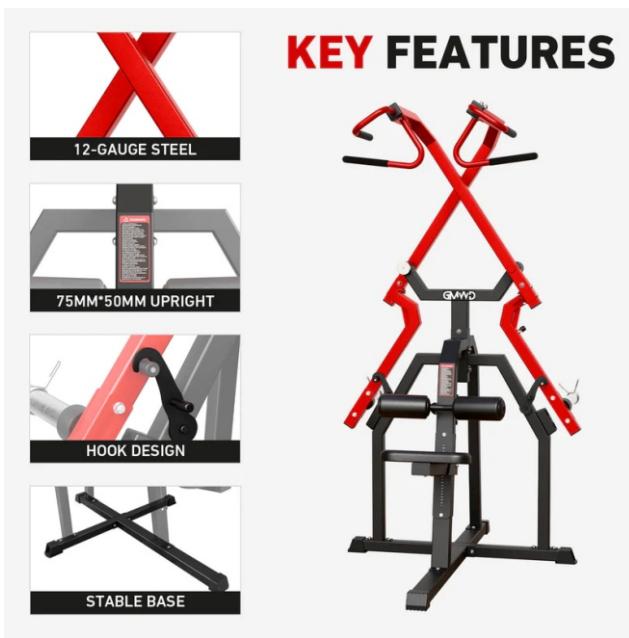
## TITAN SERIES



### DUAL GRIP HANDELS MEET DIFFERENT NEEDS



### KEY FEATURES





**TITAN-2501**  
ISO-LATERAL BENCH PRESS

Size: (L)1600x(W)1260x(H)2070mm



**TITAN-2502**  
ISO-LATERAL SUPER INCLINE PRESS

Size: (L)1900x(W)1600x(H)1690mm



**TITAN-2503**  
BICEP TRAINER

Size: (L)1400x(W)1120x(H)1230mm



**TITAN-2504**  
ABDOMINAL OBLIQUE CRUNCH

Size: (L)1860x(W)1050x(H)1400mm



**TITAN-2505**  
SIDE ARM LATERAL RAISE

Size: (L)1460x(W)1280x(H)1350mm



**TITAN-2506**  
ISO-LATERAL INCLINE CHEST PRESS

Size: (L)1660x(W)1180x(H)2020mm



**TITAN-2507**  
V-SQUAT

Size: (L)2400x(W)1500x(H)1160mm



**TITAN-2508**  
PLATE-LOADED ISO-LATERAL ROW

Size: (L)1570x(W)1450x(H)1300mm



**TITAN-2509**  
ISO-LATERAL FRONT LAT PULL-DOWN

Size: (L)1830x(W)1510x(H)2060mm



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**TITAN-2510**  
RELOADED ISO FLAT PRESS

Size: (L)1850x(W)1750x(H)1140mm



**TITAN-2511**  
INCLINE PECTORAL FLY

Size: (L)1750x(W)1600x(H)800mm



**TITAN-2512**  
PLATE-LOADED ISO-LATERAL WIDE PULLDOWN

Size: (L)1800x(W)1150x(H)2000mm



**TITAN-2513**  
CHEST PRESS & LAT PULL-DOWN

Size: (L)1750x(W)1600x(H)800mm



**TITAN-2514**  
ISO-LATERAL WIDE CHEST

Size: (L)2230x(W)1140x(H)1760mm



**TITAN-2515**  
DOWNWARD OBLIQUE CHEST TRAINER

Size: (L)1900x(W)1345x(H)1700mm



**TITAN-2516**  
ISO-LATERAL CROSS LAT PULL-DOWN

Size: (L)1550x(W)1300x(H)1850mm



**TITAN-2517**  
HIP THRUST

Size: (L)1660x(W)1380x(H)900mm



**TITAN-2518**  
HACK SQUAT

Size: (L)2110x(W)1900x(H)1210mm



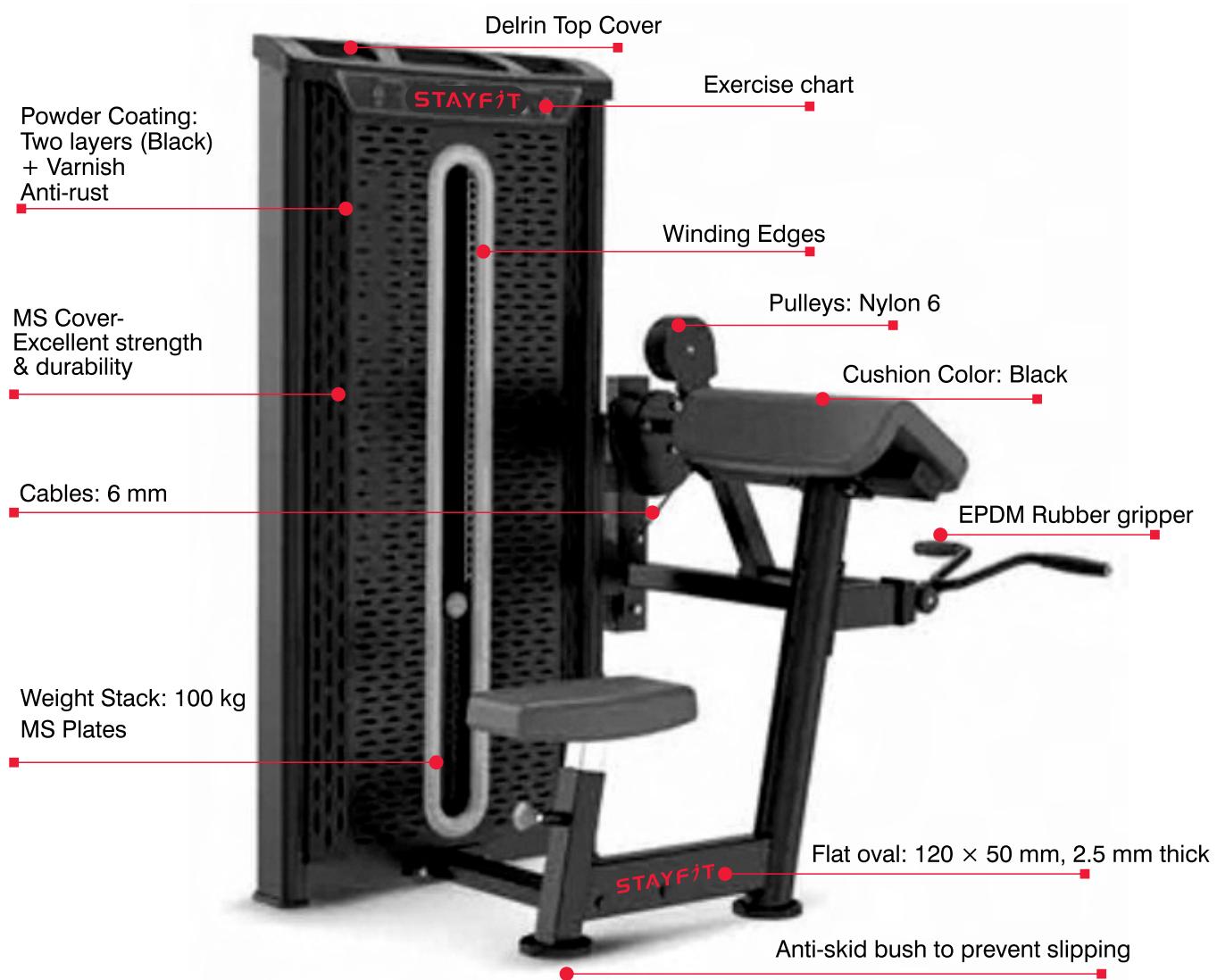
**TITAN-2519**  
ISO-LATERAL DECLINE CHEST PRESS



**TITAN-2520**  
ISO-LATERAL DECLINE PRESS



## EAGLE SERIES (PREMIUM)





**EAGLE-01**  
RELOADED ISO FLAT PRESS

Machine Size: 1400 × 1130 × 2010 mm



**EAGLE-02**  
SHOULDER PRESS

Machine Size: 1400 × 1680 × 1500 mm



**EAGLE-03**  
ASSISTED CHIN/DIP

Machine Size: 1130 × 1370 × 2410mm



**EAGLE-04**  
LAT PULL-DOWN

Machine Size: 1440 × 1820 × 2220mm



**EAGLE-05**  
SEATED HORIZONTAL PULLEY

Machine Size: 1600 × 900 × 1680mm



**EAGLE-06**  
SEATED LEG CURL

Machine Size: 1750 × 1050 × 1500mm



**EAGLE-07**  
HORIZONTAL LEG CURL

Machine Size: 1380×930×1500 mm



**EAGLE-08**  
LEG EXTENSION

Machine Size: 1510 × 1070 × 1500mm



**EAGLE-09**  
ADDOCTOR

Machine Size: 1630 x 790 x 1500mm



**EAGLE-10**  
ABDUCTOR

Machine Size: 1630 x 790 x 1500mm



**EAGLE-11**  
BICEPS CURL

Machine Size: 1360 x 1010 x 1500mm



**EAGLE-16**  
SEATED CHEST PRESS

Machine Size: 1240 x 1370 x 1575mm



**EAGLE-12**  
DUAL TRACK ROW

N.W / G.W: 140 Kg / 175 Kg  
DIM: 1400\*1900\*1150 mm  
CTN: 1600\*1300\*430 mm



**EAGLE-13**  
MULTI-FUNCTIONAL SMITH

100Kg\* 2 Weights  
N.W / G.W: 140 Kg / 175 Kg  
DIM: 1400\*1900\*1150 mm  
CTN: 1600\*1300\*430 mm



**EAGLE-14** | MULTI-FUNCTIONAL SMITH

N.W / G.W: 265 Kg / 305 Kg  
Product Size: 2218\*1590\*2239 mm(L\*W\*H)



**EAGLE-15** | SMITH WEIGHTLIFTING PLATFORM

N.W / G.W: 242 Kg / 292 Kg  
Product Size: 3050\*2570\*2370 mm(L\*W\*H)



## PLATINUM SERIES





**PLATINUM-2301**  
VERTICAL CHEST PRESS WITH  
COUNTER METER

Machine Size: 1245 x 1200 x 1500mm  
Machine Weight: 131 kg



**PLATINUM-2303**  
PECTORAL MACHINE WITH  
COUNTER METER

Machine Size: 1380 x 1080 x 1500mm  
Machine Weight: 126 kg



**PLATINUM-2304**  
REC FLY+REAR DELT WITH  
COUNTER METER

Machine Size: 1460 x 1180 x 2100mm  
Machine Weight: 132kg



**PLATINUM-2305**  
VERTICAL ROW WITH  
COUNTER METER

Machine Size: 1200 x 1300 x 1500mm  
Machine Weight: 147kg



**PLATINUM-2306**  
SHOULDER PRESS WITH  
COUNTER METER

Machine Size: 1350 x 1480 x 1500mm  
Machine Weight: 152kg



**PLATINUM-2388**  
LAT PULL-DOWN WITH  
COUNTER METER

Machine Size: 1430 x 1350 x 1910mm  
Machine Weight: 115kg



**PLATINUM-2308**  
LAT PULLDOWN + VERTICAL  
ROW WITH COUNTER METER

Machine Size: 2040 x 1420 x 2250mm  
Machine Weight: 132kg



**PLATINUM-2309**  
WEIGHT ASSISTED CHIN+DIP  
WITH COUNTER METER

Machine Size: 1450 x 1350 x 2320mm  
Machine Weight: 168kg



**PLATINUM-2311**

ARM CURL WITH  
COUNTER METER

Machine Size: 1500 x 1100 x 1500mm  
Machine Weight: 115kg



**PLATINUM-2313**

SEATED DIPS WITH  
COUNTER METER

Machine Size: 1560 x 1100 x 1500mm  
Machine Weight: 130kg



**PLATINUM-2314**

LATERAL RAISE WITH  
COUNTER METER

Machine Size: 1180 x 920 x 1500mm  
Machine Weight: 132kg



**PLATINUM-2319**

SEATED LEG CURL WITH  
COUNTER METER

Machine Size: 1700 x 1080 x 1500mm  
Machine Weight: 150 kg



**PLATINUM-2320**

PRONE LEG CURL WITH  
COUNTER METER

Machine Size: 1810 x 1080 x 1500mm  
Weight: 128kg



**PLATINUM-2321**

LEG EXTENSION WITH  
COUNTER METER

Machine Size: 1450 x 1080 x 1500mm  
Machine Weight: 128kg



**PLATINUM-2323**

TOTAL HIP WITH  
COUNTER METER

Machine Size: 1350 x 1180 x 1500mm  
Machine Weight: 125kg



**PLATINUM-2324**

LEG PRESS WITH  
COUNTER METER

Machine Size: 2240 x 1090 x 1500mm  
Machine Weight: 153kg



**PLATINUM-2390**  
BICEPS + TRICEPS WITH  
COUNTER METER

Machine Size: 1240mm x 1150mm x 1500mm  
Machine Weight: 121kg



**PLATINUM-2392**  
LEG CURL + LEG EXTENSION  
WITH COUNTER METER

Machine Size: 1450mm x 1120mm x 1500mm  
Machine Weight: 132kg



**PLATINUM-2393**  
ABDUCTOR + ADDUCTOR  
WITH COUNTER METER

Machine Size: 1590mm x 780mm x 1500mm  
Machine Weight: 115kg



**PLATINUM-2394**  
MULTI PRESS WITH  
COUNTER METER

Machine Size: 1980mm x 1320mm x 1500mm  
Machine Weight: 130kg

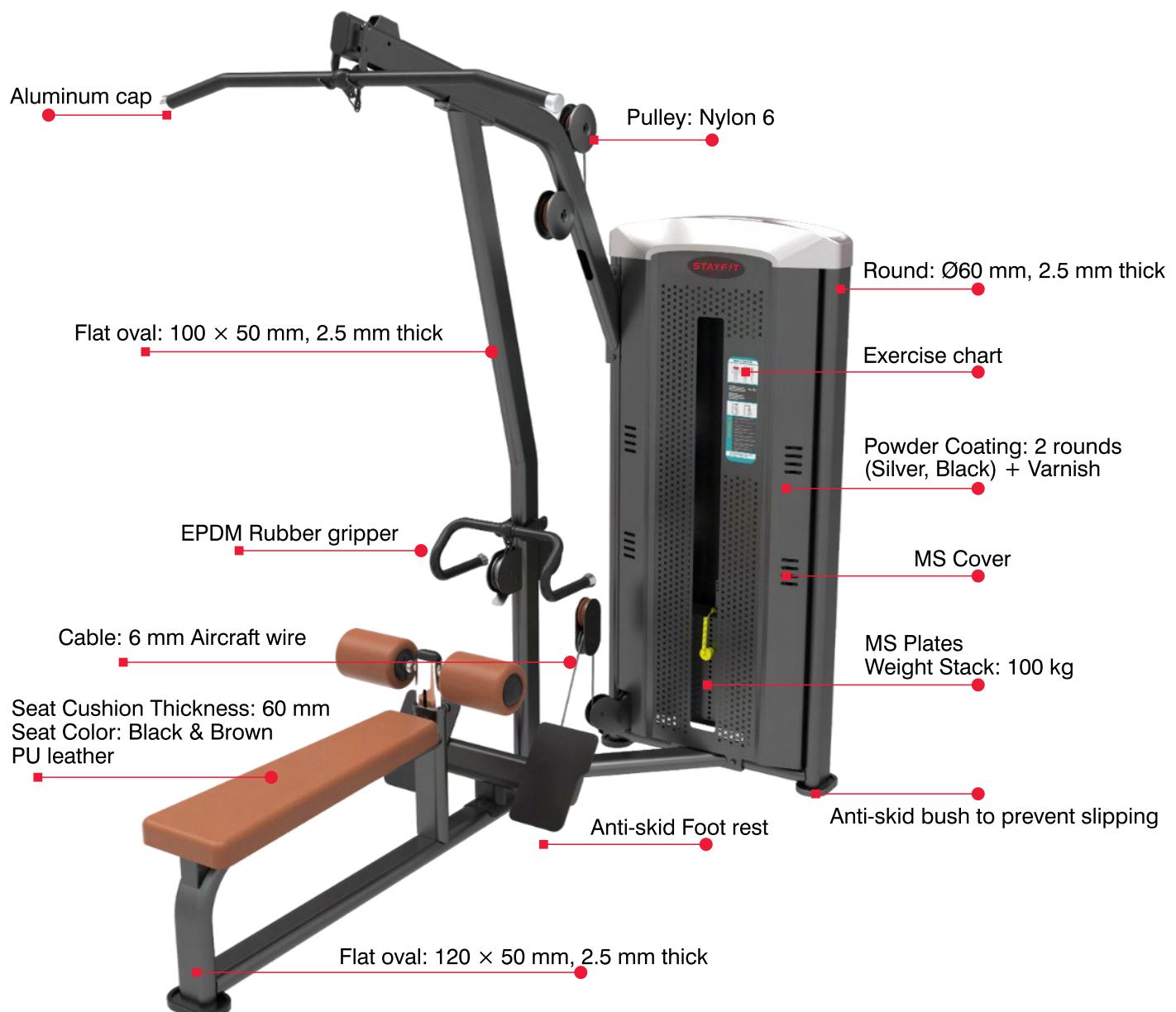


**PLATINUM-2395**  
ABDOMINAL CRUNCH +  
BACK EXTENSION  
WITH COUNTER METER

Machine Size: 1350mm x 1000mm x 1500mm  
Machine Weight: 122kg



## DIAMOND SERIES





**DIAMOND-2101**  
VERTICAL CHEST PRESS

Size: 1245 x 1200 x 1500 mm  
Weight: 131 kg  
Weight Stack: 100 kg (Steel)



**DIAMOND-2102**  
PECTORAL MACHINE

Size: 1380 x 1080 x 1500 mm  
Weight: 126 kg  
Weight Stack: 100 kg (Steel)



**DIAMOND-2103**  
REC FLY+REAR DELT

Size: 1460 x 1180 x 2100 mm  
Weight: 132 kg  
Weight Stack: 100 kg (Steel)



**DIAMOND-2104**  
VERTICAL ROW

Size: 1200 x 1300 x 1500 mm  
Weight: 147 kg  
Weight Stack: 100 kg (Steel)



**DIAMOND-2105**  
SHOULDER PRESS

Size: 1350 x 1480 x 1500 mm  
Weight: 152 kg  
Weight Stack: 100 kg (Steel)



**DIAMOND-2106**  
LAT PULLDOWN

Size: 143 x 1350 x 1910mm  
Weight: 140 kg  
Weight Stack: 100 kg (Steel)



**DIAMOND-2107**  
LAT PULLDOWN + VERTICAL ROW

Size: 2040 x 1420 x 2250mm  
Weight: 132 kg  
Weight Stack: 100 kg (Steel)



**DIAMOND-2108**  
WEIGHT ASSISTED CHIN+DIP

Size: 1450 x 1350 x 2320mm  
Weight: 168 kg  
Weight Stack: 100 kg (Steel)



**DIAMOND-2109**

LOW ROW

Size: 1450 x 1120 x 1720mm  
Weight: 100 kg  
Weight Stack: 100 kg (Steel)



**DIAMOND-2110**

ARM CURL

Size: 1500 x 1100 x 1500mm  
Weight: 115 kg  
Weight Stack: 100 kg (Steel)



**DIAMOND-2111**

SEATED DIPS

Size: 1560 x 1100 x 1500mm  
Weight: 130 kg  
Weight Stack: 100 kg (Steel)



**DIAMOND-2112**

LATERAL RAISE

Size: 1180 x 920 x 1500mm  
Weight: 132 kg  
Weight Stack: 100 kg (Steel)



**DIAMOND-2113**

SEATED LEG CURL

Size: 1700 x 1080 x 1500mm  
Weight: 150 kg  
Weight Stack: 100 kg (Steel)



**DIAMOND-2114**

PRONE LEG CURL

Size: 1810 x 1080 x 1500mm  
Weight: 130 kg  
Weight Stack: 100 kg (Steel)



**DIAMOND-2115**

LEG EXTENSION

Size: 1450 x 1080 x 1500mm  
Weight: 128 kg  
Weight Stack: 100 kg (Steel)



**DIAMOND-2116**

TOTAL HIP

Size: 1350 x 1180 x 1500mm  
Weight: 125 kg  
Weight Stack: 100 kg (Steel)



**DIAMOND-2117**

LEG PRESS

Size: 2240 x 1090 x 1500mm  
Weight: 153 kg  
Weight Stack: 100 kg (Steel)



**DIAMOND-2118**  
TORSO ROTARY

Size: 1180 x 920 x 1500mm  
Weight: 224 kg  
Weight Stack: 100 kg (Steel)



**DIAMOND-2119**  
ABDOMINAL MACHINE

Size: 1500 x 1050 x 1500mm  
Weight: 138 kg  
Weight Stack: 100 kg (Steel)



**DIAMOND-2120**  
BACK EXTENSION

Size: 1350 x 1000 x 1500 mm  
Weight: 118 kg  
Weight Stack: 100 kg (Steel)



**DIAMOND-2121**  
BICEPS+TRICEPS

Size: 1240 x 1150 x 1500mm  
Weight: 121 kg  
Weight Stack: 100 kg (Steel)



**DIAMOND-2222**  
LEG CURL+LEG EXTENSION

Size: 1450 x 1120 x 1500mm  
Weight: 132 kg  
Weight Stack: 100 kg (Steel)



**DIAMOND-2223**  
ABDUCTOR+ADDUCTOR

Size: 1590 x 780 x 1500mm  
Weight: 115 kg  
Weight Stack: 100 kg (Steel)



**DIAMOND-2224**  
MULTI PRESS

Size: 1980 x 1320 x 1500mm  
Weight: 130 kg  
Weight Stack: 100 kg (Steel)



**DIAMOND-2225**  
ABDOMINAL CRUNCH+BACKEXTENSION

Size: 1350 x 1000 x 1500mm  
Weight: 122 kg  
Weight Stack: 100 kg (Steel)



## LEADER SERIES





**LEADER-2201**  
PRONE LEG CURL



**LEADER-2202**  
LEG EXTENSION



**LEADER-2203**  
LEG PRESS



**LEADER-2204**  
PEC FLY



**LEADER-2205**  
SHOULDER LATERAL RAISE



**LEADER-2206**  
SHOULDER PRESS



**LEADER-2207**  
PEARL DELT/ PEC FLY



**LEADER-2208**  
CHEST PRESS



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**LEADER-2209**  
KNEELING TYPE DIP/CHIN ASSIST



**LEADER-2210**  
SEATED ABDOMINAL MACHINE



**LEADER-2211**  
CALF MACHINE



**LEADER-2212**  
SEATED LEG CURL



**LEADER-2213**  
TRICEPS DIP



**LEADER-2214**  
BICEPS CURL



**LEADER-2215**  
BACK EXTENSION+  
ABDOMINAL CRUNCH



**LEADER-2216**  
PULLEY LOW ROW



**LEADER-2217**  
SEATED ROW



**LEADER-2218**  
LAT PULLDOWN



**LEADER-2219**  
COMBO SHOULDER PRESS +  
CHEST PRESS



**LEADER-2220**  
ADDUCTOR + ABDUCTOR



**LEADER-2221**  
LEG EXTENSION + PRONE LEG CURL



**LEADER-2222**  
LEG EXTENSION



**LEADER-2223**  
LEG CURL + LEG EXTENSION



**LEADER-2224**  
BICEPS CURL + TRICEPS



**LEADER-2225**  
BACK EXTENSION +  
ABDOMINAL CRUNCH



**LEADER-2226**  
MULTI FLY



**LEADER-2227**  
ADJUSTABLE CHEST PRESS



**LEADER-2228**  
V SQUAT



**LEADER-2229**  
VERTICAL LEG PRESS



**LEADER-2230**  
HIP THRUST GLUTE MACHINE



**LEADER-2231**  
45 DEGREE LEG PRESS



**LEADER-2232**  
HACK SQUAT



**LEADER-2233**  
COMBO LEG PRESS/HACK SQUAT



**LEADER-2234**  
POWER RACK



**LEADER-2235**  
SUPER SQUAT



**LEADER-2236**  
FUNCTIONAL TRAINER



**LEADER-2237**  
FUNCTIONAL TRAINER



**LEADER-2238**  
LOW ROW+LAT PULL DOWN



**LEADER-2251**  
BARBELL RACK



**LEADER-2253**  
SEATED T-BAR ROW



**LEADER-2254**  
SMITH MACHINE



**LEADER-2255**  
INCLINE SHOULDER PRESS



**LEADER-2256**  
OLYMPIC DECLINE BENCH



**LEADER-2257**  
OLYMPIC INCLINE BENCH



**LEADER-2258**  
OLYMPIC FLAT BENCH



**LEADER-2259**  
BACK EXTENSION



**LEADER-2260**  
SQUAT RACK



**LEADER-2261**  
10 PAIR DUMBBELL RACK



**LEADER-2262**  
8 PAIR DUMBBELL RACK



**LEADER-2263**  
SISSY SQUAT



**LEADER-2264**  
SHIN BONE TRAINING



**LEADER-2265**  
FLAT BENCH



**LEADER-2266**  
UTILITY BENCH



**LEADER-2267**  
SUPER BENCH



**LEADER-2268**  
POWER SQUAT RACK



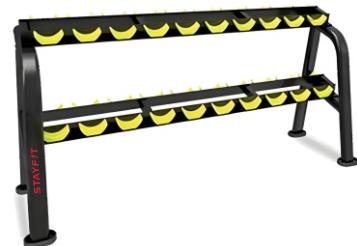
**LEADER-2269**  
STRETCH TRAINER



**LEADER-2270**  
INCLINE LEVERAGE ROW



**LEADER-2271**  
SEATED & STANDING TWISTER



**LEADER-2272**  
TIERS DUMBBELL RACK



**LEADER-2273**  
VERTICAL WEIGHT PLATE TREE



**LEADER-2274**  
AB COASTER



**LEADER-2275**  
WRIST CURL



## DELITE SERIES





**DELITE-2001**  
INCLINE T-BAR



**DELITE-2002**  
SEATED CALF



**DELITE-2003**  
SMITH MACHINE



**DELITE-2004**  
SUPER SQUAT



**DELITE-2005**  
DUMBBELL RACK 3 STORY



**DELITE-2006**  
STRETCH TRAINER



**DELITE-2007**  
DUMBBELL RACK 2 STORY



**DELITE-2008**  
SQUAT RACK



**DELITE-2009**  
PLATE TREE



**DELITE-2010**  
LEG PRESS



**DELITE-2011**  
HACK SQUAT



**DELITE-2012**  
DECLINE BENCH



**DELITE-2013**  
OLYMPIC INCLINE BENCH



**DELITE-2014**  
OLYMPIC FLAT BENCH



**DELITE-2015**  
SEATED PREACHER CURL



**DELITE-2016**  
HYPER EXTENSION



**DELITE-2017**  
KNEE UP/CHIN+PULL UP



**DELITE-2018**  
VERTICAL KNEE RAISE



**DELITE-2019**  
POWER CAGE



**DELITE-2020**  
FLAT BENCH



**DELITE-2021**  
AB CRUNCH BENCH



**DELITE-2022**  
UTILITY BENCH



**DELITE-2023**  
ADJUSTABLE BENCH



**DELITE-2024**  
MULTI-PURPOSE BENCH



**DELITE-2025**  
FUNCTIONAL TRAINER



**DELITE-2026**  
CABLE CROSSOVER



**DELITE-2027**  
COMBO LEG PRESS/HACK SQUAT



**DELITE-2028**  
WRIST CURL



**PR-1727 | POWER RACK (PVC PLATE)**

Frame Tube Size: 5050mm  
Cement Weight Stack: 300LBS/30pcs  
Dimension: 210225\*215cm  
N.W. / G.W.: 320kg/340kg  
Steel Rods for Weight Stack  
Frame Color: Full Matt Black  
Cushion Color: Black

**MG-1721 | 10 STATION / MS PLATES**

Frame Tube Size: 60 x 60 mm  
Metal Weight Stack: 300 KG (60 pcs)  
Dimensions: 480 x 400 x 210 cm  
Net Weight / Gross Weight: 580 KG / 600 KG  
Finish: Full Matte Black  
Cushion Color: Black  
Includes: 10 pcs Cover  
Machine Features:  
High-Density Upholstered Seat & Back Pads – Ensures comfort and durability.  
High-Intensity Navigation – Smooth and precise movement.  
Durable Steel Wire (6mm Diameter) – Built for long-lasting performance.  
Exercises Supported:  
Leg Press, Bench Press, Abdominal Chin-Up, Dips, Lat Pulldown, Leg Curl, Leg Extension, Seated Rowing, Chest Press





### **MG-1711 | 6 STATION GYM (PVC PLATES)**

Frame Tube Size: 60 x 60 cm  
Weight Stack: 300 lbs (30 pieces)  
Dimensions (L x W x H): 224 x 234 x 212 cm  
Net Weight / Gross Weight: 305 kg / 320 kg  
Weight Stack Support: Steel rods  
Finish: Full matte black  
Cushion Color: Black  
Machine Functions:  
High-Density Upholstered Seat & Back Pads – Ensures comfort and durability.  
High-Intensity Navigation – Smooth and efficient operation.  
Durable Wire Steel (6mm Diameter) – Built for long-lasting performance.  
Workout Stations:  
Chest Press, Butterfly, High Pulling, Low Pulling, Leg Press, Parallel Bars, Twister

### **MG-1712 | 6 STATION GYM (PVC PLATES)**

Frame Tube Size: Oval, 40 x 80mm  
Weight Stack: 300 lbs (30 pieces, PVC Plates)  
Dimensions: 240 x 320 x 220 cm  
Net Weight / Gross Weight: 320 kg / 330 kg  
Weight Stack Rods: Steel  
Color Options: Black / Orange (Same sample)  
Cushion Color: Black



### **MG-1713 | 6 STATION GYM (PVC PLATES)**

Frame Tube Size: Oval 40x80mm  
Weight Stack: 300 lbs (30 pieces, PVC Plates)  
Dimensions (LxWxH): 240x220x210 cm  
Net Weight / Gross Weight: 385 kg / 400 kg  
Weight Stack Rods: Steel  
Frame Color: Light Grey  
Cover Color: Dark Grey  
Cushion Color: Black



## MS-1722 | 5 STATION / PVC PLATES

Functions: Supports multiple exercises, including Seated Leg Press, Lat Pulldown, Row, Seated Chest Press, Butterfly (Pec Deck), Biceps Curl, and Triceps Curl.

Construction: High-density upholstered seat and back pads for superior comfort. Equipped with heavy-duty 6 mm diameter steel cables for smooth and consistent operation.

Finish: Scratch-resistant powder coating enhances durability and maintains a sleek look over time.

Weight Stack: Includes 4 stacks of 110 lbs each, totaling 440 lbs. Plates are coated with PVC plastic and have a cast cement core for durability.

Frame Size: Built with a sturdy 50 x 70 mm square steel frame, ensuring stability and strength.

Weight: Net Weight – 365 kg, Gross Weight – 380 kg.



## MS-1723 | 5 STATION / MS PLATES

Seat & Back Pads: High-density upholstery

Navigation: High-intensity for smooth operation

Cables: 6 mm durable steel wire

Frame Size: 60x60 mm square tubing

Weight Stack: 110 lbs x 4 (440 lbs) iron plates

Finish: Scratch-resistant powder coating

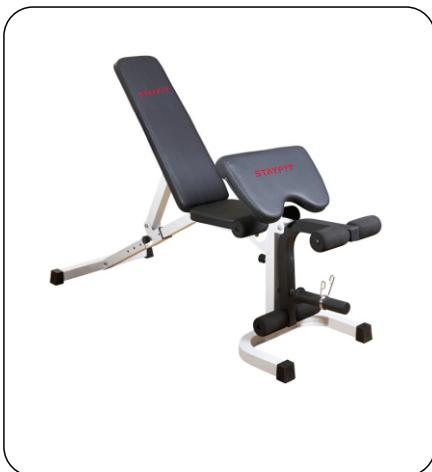
Functions: Seated Leg Press, Lat Pulldown, Row, Seated Chest

Press, Butterfly, Biceps & Triceps Curl

Weight: N.W. 375 kg / G.W. 387 kg



## DOMESTIC-RANGE FITNESS EQUIPMENT





### AC 7.7 | AC MOTORISED TREADMILL

Motor Power: AC 3.5 HP Continuous / 7 HP Peak  
Speed: 1-20 Kms/hr  
Running Area: 20" x 60"  
Auto Incline: 15%  
Max. User Weight: 150 Kgs  
Display: 24.5-inch screen for clear tracking  
Bluetooth Music: Yes  
Wireless Charger: Yes  
Folding System: Hydraulic folding mechanism for easy storage  
Product Dimensions: 1960 x 860 x 1520 mm  
Net Weight: 106 kg  
Gross Weight: 116 kg



### AC 39 | AC MOTORISED TREADMILL

Motor Power: AC 3 HP Continuous / 6 HP Peak  
Speed: 1-20 Kms/hr  
Running Area: 20" x 55"  
Auto Incline: 15%  
Max. User Weight: 150 Kgs  
Console display: LED  
Programs: P1-P12, U1-U3  
Computer functions: Time, Speed, Pulse, Distance, Calories, Incline  
Bluetooth Music: Yes, Wireless Charger: Yes  
Set Up Dimensions: 1780x1645x885mm  
Folding Dimensions: 1545x1085x885mm  
Net Weight: 95 kg, Gross Weight: 108 kg



### CTX 4.7 | AC MOTORISED TREADMILL

Motor Power: AC 3 HP Continuous / 6 HP Peak  
Speed: 1-20 Kms/hr  
Running Area: 21" x 60"  
Auto Incline: 15%  
Max. User Weight: 140 Kgs  
Running Belt: 3mm thick for durability  
Deck: 30mm pre-waxed phenolic for smooth performance  
Programs: 18 pre-set programs with 3 intensity levels, including Weight Loss, Fat Burn, Power Walk, Interval Training, Mountain Climb, Rolling Hills, and Body Fat Scale  
Entertainment: MP3 support & Bluetooth connectivity  
Net Weight: 120 kg



### SFT 235 | AC MOTORISED TREADMILL

Motor Power: AC 2.5 HP Continuous / 5 HP Peak  
Speed: 1-20 Kms/hr  
Running Area: 20" x 51"  
Auto Incline: 20%  
Max. User Weight: 130 Kgs  
Running belt thickness: 1.6 MM  
Running board thickness: 18 MM  
Front & back roller diameter: 46 / 42 MM  
Program: Manual + 60 Programs + 5 User + Fat  
Entertainment: Bluetooth connectivity  
Net Weight: 71 kg  
Gross Weight: 84 kg



### **SFT 307 | AC MOTORISED TREADMILL**

Motor Power: AC 2.5 HP Continuous / 5 HP Peak  
Speed: 1-20 Kms/hr  
Running Area: 19" x 58"  
Auto Incline: 20%  
Max. User Weight: 130 Kgs  
Programs: 15 preset programs, 3 user programs, Fat measurement  
Panel display function: With Mp3, Speaker, and USB jack  
Running belt thickness: 1.6MM  
Running board thickness: 15MM  
Front & back roller diameter: 48MM / 42MM  
Net Weight: 82 kg  
Gross Weight: 89 kg



### **SFT 206 | AC MOTORISED TREADMILL**

Motor Power: AC 2 HP Continuous / 4 HP Peak  
Speed: 1-14 Kms/hr  
Running Area: 17" x 51"  
Auto Incline: 15%  
Max. User Weight: 110 Kgs  
Programs: Manual program + 40 built-in workout programs, User + Manual Program 1-5  
Panel display functions: With MP3 + USB + Smart Knob  
Running belt thickness: 1.4MM  
Running board thickness: 16MM  
Net Weight: 59 kg  
Gross Weight: 67 kg



## AC 6.9 | AC MOTORISED TREADMILL

Motor Power: AC 3 HP Continuous / 6 HP Peak  
Speed: 1-20 Kms/hr  
Running Area: 19" x 56"  
Auto Incline: 20%  
Max. User Weight: 130 Kgs  
Display: LCD screen showing time, speed, distance, calories burned, and hand pulse  
Cushion Deck: Anti-shock and air cushioning for enhanced comfort and joint protection  
Programs: 8 preset programs, U3 mode, and body fat analysis  
Fan: Yes  
Net Weight: 74 kg  
Gross Weight: 83 kg



## i2.4 | AC MOTORISED TREADMILL

Motor Power: AC 2 HP Continuous / 4 HP Peak  
Speed: 1-14 Kms/hr  
Running Area: 17" x 48"  
Manual Incline: 3 Level  
Max. User Weight: 120 Kgs  
Display: LCD showing time, speed, distance, calories, hand pulse  
Cushion Deck: Anti-shock and gel cushioning for superior comfort and joint protection  
Programs: P1-P12 plus 1 custom preset program  
Entertainment: MP3 connectivity with built-in speakers  
Net Weight: 52 kg  
Gross Weight: 59 kg



## CTX2 TFT | DC MOTORISED TREADMILL

Motor Power: DC 2 HP Continuous / 4 HP Peak  
Speed: 1-18 Kms/hr  
Running Area: 19" x 54"  
Auto Incline: 15%  
Max. User Weight: 140 Kgs  
Display: LCD touchscreen displaying time, speed, distance, calories, and hand pulse sensors  
Programs: 8 pre-set programs with 3 intensity levels and full self-program options, including Manual, Weight Loss, Live Walk, CardioTrain, Fat Burn, Power Walk, Interval, Rolling, Mountain Climb.  
Rollers: 75mm (2.5 inches) precision steel rollers for smooth operation.  
Net Weight: 84 kg Gross Weight: 96 kg



### **TI 36 | DC MOTORISED TREADMILL**

Motor Power: DC 2.5 HP Continuous / 5 HP Peak  
Speed: 1-20 Kms/hr  
Running Area: 20" x 59"  
Auto Incline: 12%  
Max. User Weight: 130 Kgs  
Programs: 24 pre-set programs + U1-U3 custom modes  
Computer Functions: Time, Speed, Pulse, Distance, Calories, Incline  
Additional Features: USB charging slot  
Setup Dimensions: 1922 x 880 x 1443 mm  
Folding Dimensions: 1246 x 880 x 1648 mm  
Net Weight: 80 kg  
Gross Weight: 89 kg



### **i20 | DC MOTORISED TREADMILL**

Motor Power: DC 2.5 HP Continuous / 5 HP Peak  
Speed: 1-16 Kms/hr  
Running Area: 20" x 52"  
Auto Incline: 15%  
Max. User Weight: 120 Kgs  
Console: 7" Blue Backlit LCD, Adjustable Angle, LED Shift-Knob  
Programs: P1-P36, U1-U3, HRC1-3, BODYFAT  
Cushion System: Dual Silicone Gel Cushion  
Features: Foldable with Air-Cylinder Soft Landing, Quick & Easy Assembly, Manual Quick Lubrication, Adjustable LCD Angle, USB Charging & Bluetooth Music  
Net Weight: 69 kg Gross Weight: 84 kg



### **Ti 33 | DC MOTORISED TREADMILL**

Motor Power: DC 2 HP Continuous / 4 HP Peak  
Speed: 1-18 Kms/hr  
Running Area: 18" x 51"  
Auto Incline: 16%  
Max. User Weight: 120 Kgs  
15 pre-set programs: U1-U3  
Console display: LED  
Computer Functions: Pulse, Incline, Time, Speed, Distance, Calories, Body fat  
Entertainment: MP3 support & Bluetooth connectivity  
Net Weight: 72 kg  
Gross Weight: 82 kg



### **i15 | DC MOTORISED TREADMILL**

Motor Power: DC 3.5 HP Continuous / 7 HP Peak  
Speed: 1-16 Kms/hr  
Running Area: 18" x 50"  
Auto Incline: 15%  
Max. User Weight: 120 Kgs  
Display: LCD showing time, speed, distance, calories, and hand pulse  
Console: LCD display with body fat analysis  
Programs: 14 preset programs plus 3 user-defined options  
Cushion Deck: Soft cushioning for enhanced comfort and joint protection  
Entertainment: Bluetooth connectivity  
Net Weight: 71 kg  
Gross Weight: 82 kg



### **i12 | DC MOTORISED TREADMILL**

Motor Power: DC 3.5 HP Continuous / 7 HP Peak  
Speed: 1-16 Kms/hr  
Running Area: 18" x 55"  
Auto Incline: 15%  
Max. User Weight: 125 Kgs  
Display: LCD showing time, speed, distance, calories, and hand pulse.  
Console: LCD display with body fat analysis.  
Programs: 14 preset programs plus 3 user-defined options.  
Cushion Deck: Soft cushioning for enhanced comfort and joint protection.  
Entertainment: Bluetooth connectivity  
Net Weight: 71 kg  
Gross Weight: 83 kg



### **TM 213 | DC MOTORISED TREADMILL**

Motor Power: DC 2.5 HP Continuous / 5 HP Peak  
Speed: 1-20 Kms/hr  
Running Area: 21" x 59"  
Auto Incline: 15%  
Max. User Weight: 130 Kgs  
Programs: P1-P16  
Metrics Displayed: Speed, Distance, Time, Calories, Pulse  
Music Support: Yes  
Dimensions (Approx.): Unfolded: 1880 x 865 x 1300 mm;  
Folded: 1070 x 865 x 1595 mm  
Net Weight: 61 kg  
Gross Weight: 70 kg



### **i10 | DC MOTORISED TREADMILL**

Motor Power: DC 1.5 HP Continuous / 3 HP Peak  
Speed: 1-12 Kms/hr  
Running Area: 17" x 48"  
Auto Incline: 15%  
Max. User Weight: 100 Kgs  
Console: 7" LCD & 4 single Display LED  
Programs: P1-P12 + U1-U3 + BODYFAT  
Cushion System: Rubber Cushion  
Features: Foldaway & Air-Cylinder for Soft Landing, Handgrip Pulse, MP3 Interface & Built-in Speaker, Transport wheels  
Net Weight: 53 kg  
Gross Weight: 60 kg



### **i7.5 | DC MOTORISED TREADMILL**

Motor Power: DC 3 HP Continuous / 6 HP Peak  
Speed: 1-16 Kms/hr  
Running Area: 17" x 50"  
Auto Incline: 15%  
Max. User Weight: 120 Kgs  
Display: LCD showing time, speed, distance, calories, and hand pulse  
Programs: 14 preset + 3 user-defined programs  
Cushioning: Soft & spring cushion deck for enhanced comfort  
Foldability: Yes, foldable design for easy storage  
Entertainment: MP3, built-in speakers, Bluetooth connectivity  
Net Weight: 66 kg  
Gross Weight: 75 kg



## i7.2 | DC MOTORISED TREADMILL

Motor Power: DC 3 HP Continuous / 6 HP Peak  
Speed: 1-16 Kms/hr  
Running Area: 16" x 49"  
Auto Incline: 15%  
Max. User Weight: 110 Kgs  
Display: LCD showing time, speed, distance, calories, and hand pulse  
Programs: 12 preset programs (P1-P12), 3 user programs (U1-U3), and Body Fat mode  
Cushioning: Air Cushion deck for enhanced shock absorption  
Entertainment: MP3, built-in speakers, Bluetooth connectivity  
Net Weight: 60 kg  
Gross Weight: 68 kg



## TM 169 | DC MOTORISED TREADMILL

Motor Power: DC 3 HP Continuous / 6 HP Peak  
Speed: 1-20 Kms/hr  
Running Area: 19" x 51"  
Auto Incline: 15%  
Max. User Weight: 140 Kgs  
Preset programs: P1 - P12 (Max: P16)  
Display metrics: Speed, distance, time, calories, pulse  
Cushioning: New shock absorption design on both sides  
Calorie-oriented programs: 10 - 995 calories  
Time-oriented programs: 5 - 99 minutes  
Distance-oriented programs: 0.5 - 65 km  
Entertainment: MP3 support & Bluetooth connectivity



## i3.3 AI | DC MOTORISED TREADMILL

Motor Power: DC 2 HP Continuous / 4 HP Peak  
Speed: 1-16 Kms/hr  
Running Area: 17" x 51"  
Auto Incline: 15%  
Max. User Weight: 120 Kgs  
Display: LCD shows time, speed, distance, calories burned, heart rate  
Cushion Deck: Anti-shock cushioning for reduced impact  
Programs: 8 preset programs + U3 mode + body fat analysis  
Entertainment: Bluetooth and USB connectivity  
Safety Features: Equipped with a safety key  
Net Weight: 50 kg  
Gross Weight: 57 kg



## TM 161 | DC MOTORISED TREADMILL

Motor Power: DC 2 HP Continuous / 4 HP Peak  
Speed: 1-20 Kms/hr  
Running Area: 17" x 51"  
Auto Incline: 15%  
Max. User Weight: 120 Kgs  
Compatible Apps: FitHome, ZWIFT, Kinomap  
Display Metrics: Speed, Distance, Time, Calories, Scan, Pulse  
Workout Programs: 12 pre-set training modes  
Product Dimensions: 1700 x 730 x 1290 mm  
Color: Black  
Net Weight: 55 kg  
Gross Weight: 63 kg



### **i1.5 | DC MOTORISED TREADMILL**

Motor Power: DC 3 HP Continuous / 6 HP Peak  
Speed: 1-12 Kms/hr  
Running Area: 16" x 48"  
Manual Incline: 3 Level  
Max. User Weight: 110 Kgs  
Display: LCD showing time, speed, distance, calories burned, heart rate  
Programs: 8 preset workout programs  
Console Features: LCD display with body fat analysis  
Cushioning: Rubber cushion deck for joint protection  
Entertainment: MP3, built-in speakers, Bluetooth connectivity  
Net Weight: 48 kg  
Gross Weight: 57 kg



### **i1A | DC MOTORISED TREADMILL**

Motor Power: DC 2 HP Continuous / 4 HP Peak  
Speed: 1-14 Kms/hr  
Running Area: 17" x 48"  
Manual Incline: 3 Level  
Max. User Weight: 110 Kgs  
Programs: 8 preset workout programs  
Cushion Deck: Gel-cushioned running deck for enhanced comfort  
Display: LCD showing time, speed, distance, calories, hand pulse  
Console: LCD display with dedicated speed keys  
Entertainment: Bluetooth connectivity  
Net Weight: 48 kg  
Gross Weight: 55 kg



### **TM 147 | DC MOTORISED TREADMILL**

Motor Power: DC 2.5 HP Continuous / 5 HP Peak  
Speed: 1-20 Kms/hr  
Running Area: 17" x 51"  
Manual Incline: 3 Level  
Max. User Weight: 120 Kgs  
Compatible Apps: FitHome, ZWIFT, & Kinomap  
Display Metrics: Speed, Distance, Time, Calories, Scan, Pulse  
Handrail Features: Integrated Buttons & Bluetooth Music  
Workout Programs: 12 Pre-set Training Modes  
Product Dimensions: 1700 x 730 x 1290 mm  
Net Weight: 52 kg  
Gross Weight: 62 kg



### **TM 131 | DC MOTORISED TREADMILL**

Motor Power: DC 2 HP Continuous / 4 HP Peak  
Speed: 1-16 Kms/hr  
Running Area: 16" x 47"  
Manual Incline: 3 Level  
Max. User Weight: 120 Kgs  
Compatible Apps: FitHome, ZWIFT, Kinomap  
Display: LED screen showing speed, distance, time, calories, and pulse  
Programs: P1 – P12  
Extras: Handrail control buttons, Bluetooth music support  
Product Dimensions: 1490 x 720 x 1110 mm  
Net Weight: 37 kg  
Gross Weight: 42 kg



### HEB 125 | ELLIPTICAL CROSS TRAINER

Max Weight Capacity: 135kg  
Console Features: Scan, Time, Speed, Distance, Calories, Pulse, RPM, Recovery, Body Fat, Includes Tablet Rack  
Flywheel: 7kg (2-Way)  
Crank: Disk Crank  
Stride Length: 432mm (17")  
Tension Control: 8-Level Magnetic  
Set-Up Size: 171 x 67 x 162 cm  
Carton Size: 124.5 x 38 x 66 cm  
Net Weight: 54 kg  
Gross Weight: 60 kg



### HEM 36 | ELLIPTICAL CROSS TRAINER

Max Weight Capacity: 110kg  
Console: Scan, Time, Speed, Distance, Calories, Pulse, Large LCD Display with Tablet Rack  
Flywheel: 5kg (2-Way)  
Crank: Disk Crank  
Stride Length: 320mm (12.5")  
Resistance: 8-Level Magnetic Tension Control  
Set-Up Size: 126 x 67 x 163 cm  
Carton Size: 113.5 x 38.5 x 65 cm  
Net Weight: 43 kg  
Gross Weight: 48 kg



### DE 31 | ELLIPTICAL CROSS TRAINER

Max Weight Capacity: 130kg  
Stride Length: 22" natural strides  
Resistance Levels: 15 levels of magnetic resistance  
Resistance System: Manual magnetic resistance  
Drive System: Quiet magnetic drive  
Flywheel: 15 kg precision-balanced  
Pedals: Self-balancing, impact-absorbing  
Display: LCD showing time, distance, speed, calories, and pulse  
Mode/Set Options: Time, distance, speed, and calories preset  
Net Weight: 56 kg  
Gross Weight: 62 kg



### DE 23 | ELLIPTICAL CROSS TRAINER

Max Weight Capacity: 125kg  
Dimensions: 60" (L) x 26" (W) x 69" (H)  
Stride Length: 23" natural stride  
Resistance Levels: 8 levels (magnetic)  
Drive System: Silent, magnetic center drive  
Flywheel: 12kg precision balanced  
Pedals: Self-balancing, impact-absorbing  
Display: LCD console showing time, distance, speed, calories, pulse  
Frame: Durable, stable, rust-proof with two-coat powder finish  
Net Weight: 55 kg  
Gross Weight: 62 kg



### HEM 30 | ELLIPTICAL CROSS TRAINER

Max Weight Capacity: 100 kg  
Monitor: Scan, Time, Speed, Distance, Calories, Pulse, Odometer  
Flywheel: 5.5 kg  
Movement: Two-way  
Drive System: Flat belt  
Assembly Size: 132 x 68 x 162 cm  
Net Weight: 39 kg  
Gross Weight: 43 kg



### HUB 123 | UPRIGHT BIKE

Max Weight Capacity: 135 kg  
Console Features: Scan, Speed & RPM, Time, Distance, Calories, Pulse, Pulse Recovery, Tablet Rack  
Flywheel: 6kg  
Bearing: One-Way  
Crank: 3-Piece (152mm)  
Resistance: 8-Level Magnetic Tension Control  
Set-Up Size: 110 x 57 x 136 cm  
Carton Size: 103 x 28 x 63.5 cm  
Net Weight: 37 kg  
Gross Weight: 40 kg



### HUM 52 | DUAL-UPRIGHT BIKE

Max Weight Capacity: 120kg  
Display: Scan, Time, Speed, Distance, Odometer, Calories, Pulse  
Exercise Type: Dual-motion  
Flywheel: 5.5 kg, one-way bearing  
Crank System: 3-piece  
Resistance: 8-level manual tension control  
Tablet & Phone Stand: Yes  
Set-Up Size: 108 x 52 x 118 cm  
Carton Size: 108 x 32 x 65 cm  
Net Weight: 40 kg  
Gross Weight: 45 kg



### HUM 51 | DUAL-UPRIGHT BIKE

Max Weight Capacity: 100 kg  
Resistance levels: 8 levels  
Tension system: Magnetic  
Drive mechanism: Belt drive  
Seat dimensions: 26.7 cm (L) x 24.1 cm (W) x 6.4 cm (H)  
Adjustable seat: Moves up/down & forward/back  
Digital monitor: Displays time, speed, distance, calories burned, and heart rate (scan mode included)  
Dimensions: 110.5 cm (L) x 63.5 cm (W) x 134.6 cm (H)  
Net Weight: 36 kg  
Gross Weight: 40 kg



### **HUP 1006 | UPRIGHT BIKE**

Max Weight Capacity: 100 kg  
Console: Included (no app required)  
Flywheel System: 6KG  
Resistance: Stepless  
Handrail: 5 levels  
Cushion: 7 levels  
Adjustable Seat: Front & Back  
Transport Wheels: Yes  
Product Dimensions: 1075 x 525 x 1090 mm  
Net Weight: 30 kg  
Gross Weight: 34 kg



### **HUP 1005 | UPRIGHT BIKE**

Max Weight Capacity: 110 kg  
Compatible Apps: FitHome, ZWIFT, Kinomap  
Device Holder: Supports phone/tablet (iPad)  
Display Metrics: Speed, Time, Distance, Calories, Pulse  
Resistance Levels: 8-level manual tension adjustment  
Seat Adjustability: Vertical: 1-7 levels;  
Horizontal: Adjustable for optimal comfort  
Dimensions: 820 x 505 x 1220 mm  
Flywheel System: 4.0 kg  
Net Weight: 21 kg  
Gross Weight: 24 kg



### **HUP 1004 | UPRIGHT BIKE**

Max Weight Capacity: 100kg  
Flywheel System: 3 kg  
Console: Included  
Resistance: Stepless adjustment  
Seat Height Adjustment: 7 levels  
Seat Positioning: Adjustable front & back  
Transport Wheels: Yes  
Product Dimensions: 907 x 420 x 1037 mm  
Net Weight: 17 kg  
Gross Weight: 19 kg



### **DF 21 | UPRIGHT BIKE**

Max Weight Capacity: 120 kg  
Resistance: 15 levels of magnetic resistance  
Flywheel: 15 kg precision balanced  
Drive System: Center design, super silent magnetic drive  
Pedals: Extra-wide with adjustable straps  
Seat: Ergonomically designed with adjustable seat  
Handlebar: U-bar style with hand pulse sensors and grips  
Displays: Time, distance, speed, calories, odometer, pulse  
Dimensions: 2ft (L) x 1.75ft (W) x 3ft (H)  
Net Weight: 38 kg  
Gross Weight: 42 kg



**DB 28** | UPRIGHT BIKE

Max Weight Capacity: 105 kg  
Resistance Levels: 8-level magnetic resistance  
Flywheel: 7 kg precision-balanced  
Drive System: Center-design drive with super-silent Poly-V belt  
Pedals: Self-balancing, extra-wide with adjustable straps  
Seat: Ergonomically designed with adjustable settings  
Displays: Scan, time, distance, speed, calories, odometer, and pulse  
Crank Assembly: Single-piece crank  
Frame Structure: Extra-sturdy, stable steel construction for durability  
Net Weight: 32 kg  
Gross Weight: 35 kg



**DB 12** | UPRIGHT BIKE

Max Weight Capacity: 100 kg  
Resistance Levels: 8 levels of magnetic resistance  
Flywheel: 6 kg, precision-balanced  
Drive System: Silent poly-V belt, center drive  
Pedals: Extra-wide, self-balanced with adjustable straps  
Seat: Ergonomically designed, adjustable height  
Display: LCD console (time, distance, speed, calories, pulse, etc.)  
Frame: Sturdy steel construction  
Dimensions: 2' (L) x 5.75' (W) x 4.5' (H)  
Net Weight: 22 kg  
Gross Weight: 24 kg



**DB 11** | UPRIGHT BIKE

Max Weight Capacity: 90kg  
Resistance Levels: 8 levels  
Flywheel: 5 kg balanced flywheel  
Drive System: Center drive with silent poly-V belt  
Pedals: Self-balanced, wide with adjustable straps  
Seat: Ergonomic, adjustable position  
Handlebars: U-bar with pulse sensors and auxiliary grips  
Display: LCD console showing time, distance, speed, calories, pulse  
Crank: Durable single-piece crank  
Dimensions: 2 x 1.75 x 3 Feet



**HRB 124** | RECLINING BIKE

Max Weight Capacity: 135 kg  
Console Features: Scan, Speed & RPM, Time, Distance, Calories, Pulse & Pulse Recovery, Built-in Tablet Rack  
Flywheel: 6kg (1-Way)  
Crank: 3-Piece (152mm)  
Tension Control: 8-Level Magnetic  
Set-Up Size: 171 x 67 x 152 cm  
Carton Size: 166.5 x 25.5 x 72 cm  
Net Weight: 48 kg  
Gross Weight: 54 kg



## DR 35 | RECLINING BIKE

Max Weight Capacity: 130 kg  
Resistance Levels: 15-level friction-free magnetic resistance  
Flywheel: 15 kg precision-balanced flywheel  
Drive System: Center-drive, super-silent magnetic mechanism  
Pedals: Self-balancing, extra-wide pedals with adjustable straps  
Seat: Ergonomic design with a contoured nylon netback for lumbar support; horizontally adjustable  
Metrics Displayed: Time, speed, distance, calories, and pulse  
Frame: Extra-sturdy and stable steel construction for durability  
Net Weight: 48 kg  
Gross Weight: 55 kg



## DR 32 | RECLINING BIKE

Max Weight Capacity: 125 kg  
Resistance Level: 8-level friction-free magnetic resistance  
Flywheel: 15 kg precision-balanced flywheel  
Drive System: Center-design, super-silent magnetic drive system  
Pedals: Self-balancing, extra-wide with adjustable straps  
Seat: Ergonomically designed with nylon netback for lumbar support and horizontal slide adjustment  
Display & Console: LCD computerized console displaying time, speed, distance, calories, and pulse  
Net Weight: 47 kg  
Gross Weight: 54 kg



## DR 24 | RECLINING BIKE

Max Weight Capacity: 120 kg  
Resistance Levels: 8-level friction-free magnetic resistance  
Flywheel: 12 kg precision-balanced flywheel  
Drive System: Center-design, super-silent magnetic drive system  
Pedals: Self-balancing, extra-wide pedals with adjustable straps  
Seat: Ergonomically designed with a nylon netback, contoured for lumbar support, and horizontal slide adjustment  
Metrics Displayed: Time, speed, distance, calories, and pulse  
Frame: Extra-sturdy and stable steel construction for durability  
Net Weight: 48 kg  
Gross Weight: 55 kg



## DR 16 | RECLINING BIKE

Max Weight Capacity: 110 kg  
Resistance Level: 8-level friction-free magnetic resistance  
Flywheel: 7 kg precision-balanced flywheel  
Drive System: Center-design drive with a super-silent poly-V belt  
Pedals: Extra-wide, self-balancing pedals with adjustable straps  
Seat: Ergonomically designed with a contoured nylon netback for lumbar support and horizontal slide adjustment  
Displays: Time, speed, distance, calories, and pulse  
Frame Structure: Extra sturdy and stable steel frame for durability  
Net Weight: 30 kg  
Gross Weight: 34 kg



## DR 17A | RECUMBENT BIKE

Max Weight Capacity: 100 kg  
Resistance Level: 8-level friction-free magnetic  
Flywheel: 5 kg precision-balanced  
Drive System: Center-drive design with a super-silent poly-V belt  
Pedals: Self-balancing, extra-wide with adjustable straps  
Seat: Ergonomically designed with a nylon netback for lumbar support and horizontal slide adjustment  
Display: LCD computerized console showing time, speed, distance, calories, and pulse  
Net Weight: 25 kg  
Gross Weight: 29 kg



## HRM 45 | RECUMBENT BIKE

Max Weight Capacity: 100 kg  
Console Functions: Scan, Time, Speed, Distance, Calories, Odometer, Pulse  
Flywheel: 4 kg  
Operation: Two-way  
Crank: Single-piece  
Set-Up Dimensions: 147 x 83 x 118 cm  
Carton Dimensions: 136 x 25.5 x 60 cm  
Net Weight: 35 kg  
Gross Weight: 39 kg



## HSB 103 | SPIN BIKE

Max Weight Capacity: 120 kg  
Flywheel: 6 kg, 2-way motion  
Resistance: Magnetic  
Console Functions: Scan, Time, Speed, Distance, Calories, Odometer, RPM, Pulse  
Drive System: Belt-driven  
Crank: 3-piece design  
Set-up Size: 110 x 51 x 106 cm  
Carton Size: 107 x 25 x 97.5 cm  
Net Weight: 30 kg  
Gross Weight: 34 kg



## HSB 104 | SPIN BIKE

Max Weight Capacity: 110 kg  
Flywheel: 7kg, 2-way motion  
Resistance: 32-level auto magnetic tension  
Console: LED display, manual & quick start  
Metrics Displayed: Speed, time, distance, pulse, calories, load level  
Programs: Target time, distance, calories  
Crank: 3-piece, 170mm heavy-duty  
Seat: Durable & comfortable  
Set-up Size: 101 x 22.5 x 92.5 cm  
Net Weight: 30 kg  
Gross Weight: 34 kg



## SP 1332 | SPIN BIKE

Max Weight Capacity: 120 kg  
Computer monitor: Displays time, speed, distance, and calories burned.  
Flywheel: 12 kg, with adjustable resistance levels and a braking system activated by pressing the knob.  
Seat: Adjustable both horizontally and vertically.  
Height adjustments: Handlebar (1050-1160 mm), cushion (770-890 mm) with a 70 mm vertical range.  
Handle grip: Foam for comfort.  
Pedals: Durable plastic.  
Shock mitigation: Provides a smoother ride  
Dimensions: 1050 x 455 x 1220 mm



## SP 1334 | SPIN BIKE

Max Weight Capacity: 120 kg  
monitor functions: Tracks time, speed, distance, calories, & pulse  
Drive system: Belt-driven with a 3-piece crank  
Flywheel: 10 kg with two-way rotation  
Resistance control: Adjustable levels with braking via a knob  
Seat adjustment: Horizontally and vertically adjustable  
Handle adjustment: Vertically adjustable  
Cushion height adjustment: 770-890 mm  
Dimensions: 1005 x 495 x 1150 mm  
Net Weight: 25 kg  
Gross Weight: 28 kg



## AB 111 | AIR BIKE

Max Weight Capacity: 100 kg  
Monitor Display: Scan, Time, Speed, Distance, and Calories  
Resistance System: Manual Control  
Optional: Hand Movement  
Seat: Adjustable with Back Support  
Usage: For Home Use Only  
Net Weight: 17.5 kg  
Gross Weight: 20 kg



## AB 222 | AIR BIKE WITH TWISTER

Max Weight Capacity: 100 kg  
Monitor Display: Scan, Time, Speed, Distance, and Calories  
Resistance System: Manual Control  
Optional: Hand Movement  
Seat: Adjustable with Back Support  
Usage: For Home Use Only  
Additional Feature: Twister  
Net Weight: 19.5 kg  
Gross Weight: 22 kg



**EB 01** | ORBITREK WITH PULSE RATE

Type: Direct Contact Resistance  
Supported Weight: 120 kg  
Exercise Type: Cycling, Cross Trainer  
Resistance Levels: 8  
Design: Dual-Action Stationary  
Heart Rate Sensor Present  
Features:- Adjustable Resistance Levels, Adjustable Seat, Heartrate Monitor



**DB 14A** | ORBITREK WITH PULSE RATE

Max Weight Capacity: 100 kg  
Resistance System: Manual, belt brake  
Power: 2 x 1.5V AA batteries  
Drive System: Chain drive  
Pedals: Self-balancing & impact-absorbing  
Handlebars: Dual-action and fixed with heart rate sensor & foam grips  
Feedback Display: Scan, time, speed, distance, calories  
Dimensions: 37" (L) \* 24" (W) \* 48" (H)  
Net Weight: 29.5 kg  
Gross Weight: 32.5 kg



**CF 1451** | CRAZY FIT MASSAGER

Speed Levels: 1-99  
Includes: Two ropes  
Color: Silver & Black  
Motor Power: 500W  
Net Weight: 27.75 kg  
Gross Weight: 30.75 kg



**CM 1475** | CRAZY FIT COMMERCIAL

Max Weight Capacity: 200 kg  
Movement Type: Oscillation  
Voltage: 110-240V / 50Hz  
Maximum Power: 2.0 HP  
Standard Power Consumption: 300W  
Speed Range: 30 levels (standard)  
Optional Speed Levels: 99 levels  
Amplitude: 8 degrees  
Frequency: 0-14 PEPS/S  
Net Weight: 52 kg  
Gross Weight: 60 kg



**LM 1444**  
LEG MASSAGER

Power Supply: 220V-240V, 50/60Hz  
Power Consumption: 80W  
Motor: 4 motors (heating and vibration)  
Silicone Kneading Pads: 8 pieces  
Product Dimensions: 50 x 47 x 45 cm  
Massage Speed Levels:  
High, Medium, Low  
Cable Length: 1.5m  
Available Colors: Silver  
Features: Relaxes leg and foot muscles  
Promotes positive blood flow with  
heating function



**LM 1446**  
LEG MASSAGER WITH HEATING

Voltage: 100-240V 50/60Hz  
Power: 80W  
Color: golden  
Product Size: 47 x 53 x 47 cm  
N.W./G.W.: 10/13 KGS  
Function: vibration, rolling, kneading,  
heating therapy for foot sole  
Time: 5-35 mins  
Power line: 1.6m  
Display: LCD screen  
Mode: auto. and manual  
Levels: 4 levels adjustable

**MG-1615** | 3 STATION GYM (PVC PLATES)

Frame Tube Size: Oval 40 x 80mm  
Weight Stack: 150 lbs (15 pieces, PVC Plates)  
Dimensions (L x W x H): 230 x 340 x 208 cm  
Net Weight / Gross Weight: 220 kg / 230 kg  
Weight Stack Material: Steel rods  
Color Options: Black / Orange  
Cushion Color: Black



**MG-1613** | 3 STATION GYM (PVC PLATES)

Frame Tube Size: 50 x 50 mm  
Weight Stack: 150 lbs (15 pieces, PVC Plates)  
Dimensions (L x W x H): 160 x 230 x 205 cm  
Net Weight / Gross Weight: 175 kg / 185 kg  
Weight Stack Support: Steel rods  
Frame Color: Light grey  
Cover Color: Dark grey  
Cushion Color: Black



**HG 1635** | 3 STATION GYM (PVC PLATES)

Included: Boxing Bag, Sit-Up Bench, Chin-Up & Knee-Up/ Dip  
Unit Weight: 210 kg  
Weight Stacks: 72 kg  
Main Frame Tube Dimensions: 50 x 75 mm  
Main Frame Tube Thickness: 2 mm  
Steel Cable Diameter: 6 mm  
Seat Plywood Thickness: 6 cm  
Overall Dimensions (LxWxH): 1700 x 1900 x 2200 mm



**HG 1630** | 3 STATION GYM (PVC PLATES)

Included Components: Sit-Up Bench, Chin-Up and Knee-Up / Dip  
Unit Weight: 173.5 kg  
Weight Stacks: 75 kg  
Main Frame Tube Dimensions: 50 x 75 mm  
Main Frame Tube Thickness: 2 mm  
Steel Cable Diameter: 6 mm  
Seat Plywood Thickness: 6 cm  
Overall Dimensions (LxWxH): 1700 x 1900 x 2200 mm



**HG 1625** | 3 STATION GYM (PVC PLATES)

Included Components: Chin-Up and Knee-Up / Dip  
Unit Weight: 162.5 kg  
Weight Stacks: 75 kg  
Main Frame Tube Dimensions: 50 x 75 mm  
Main Frame Tube Thickness: 2 mm  
Steel Cable Diameter: 6 mm  
Seat Plywood Thickness: 6 cm  
Overall Dimensions (LxWxH): 1700 x 1900 x 2200 mm



**HG 1614** | MULTI HOME GYM (PVC PLATES)

Frame Tube Size: Oval 40 x 80mm  
Weight Stack: 70 kg (15 pieces, PVC Plates)  
Dimensions: 230 x 110 x 208 cm  
Net Weight / Gross Weight: 177 kg / 185 kg  
Steel Rods: Included for the weight stack  
Color: Black / Orange



**HG 1632** | MULTI HOME GYM (PVC PLATES)

Frame Size: 50x75 mm Square Frame  
Weight Stack: 200 Lbs Plastic Covered & Cement Inside  
Assembly Dimensions: 1500 x 1000 x 2050 mm  
Paint: Anti Scratched Powder Coating Finish  
Functions: Chest Press, Chest Fly, High Pulling, Biceps, Low Pulling, Preacher Curl, Leg Press, Rowing Handle, Leg Extension, Shrug, Triceps  
N.W / G.W: 158 Kg. / 165 Kg.  
Stack Cover : Half Side Iron Cover



**HG 1612** | MULTI HOME GYM (PVC PLATES)

Frame Tube Size: 50 x 50 mm  
Weight Stack: 70 Kg (15 PVC Plates)  
Dimensions (L x W x H): 168 x 106 x 202 cm  
Net Weight / Gross Weight: 130 kg / 135 kg  
Weight Stack Support: Steel rods  
Color: Full dark grey  
Cushion Color: Black



**HG 1611** | MULTI HOME GYM (PVC PLATES)

Frame Tube Size: 50 x 50 mm  
Weight Stack: 70 kg (15 pieces, PVC Plates)  
Dimensions: 132 x 106 x 202 cm  
Net Weight / Gross Weight: 110 kg / 115 kg  
Weight Stack Support: Steel rods  
Color: Full dark grey  
Cushion Color: Black



**SF 2000** | MULTI HOME GYM (PVC PLATES)

Weight Stack: 80 kgs  
Exercises: Seated Bench Press, Pectoral Fly, Front/Back Lat Pull Down, Tricep Extension, Leg Extension, Leg Curl  
Low Pulley Exercises: Seated Row, Front/Side Deltoid Raises, Adduction/Abduction, Biceps Curl, Wrist Curl, Preacher Curl  
Key Features: Chest Press with padded handles, durable nylon-coated cables, ball-bearing pulleys for smooth performance  
Weight: Net: 124 kg / Gross: 130 kg  
Dimensions: 182 x 117 x 207 cm



**SF 2004** | MULTI HOME GYM (PVC PLATES)

Functions: Chest Press, Chest Fly, High Pulling, Low Pulling, Preacher Curl, Rowing Handle, Leg Extension.  
Size: 1750x1100x2120 Mm.  
Net Weight & Gross Weight: 136.9 Kg. / 145.6 Kg.  
A complete and compact machine with possibilities of doing 24 important exercises.  
Anti Scratched Powder Coating Finish



**HG 1620** | MULTI HOME GYM (PVC PLATES)

Unit Weight: 150 kg  
Weight Stacks: 72 kg  
Main Frame Tube Dimensions: 50 x 75 mm  
Main Frame Tube Thickness: 2 mm  
Steel Cable Diameter: 6 mm  
Seat Plywood Thickness: 6 cm  
Overall Dimensions (LxWxH): 1500 x 1000 x 2050 mm



**AB 1691** | ADJUSTABLE BENCH

Frame Tube Size: 50 x 50 mm  
Dimensions: 132 x 65 x 112 cm  
Net Weight / Gross Weight: 22 kg / 25 kg  
Finish: Full Matte Black  
Cushion Color: Black



**AB 1692** | ADJUSTABLE BENCH

Frame Tube Size: 50 x 50 mm  
Dimensions: 175 x 60 x 112 cm  
Net Weight / Gross Weight: 22 kg / 25 kg  
Finish: Full Matte Black  
Cushion Color: Black



**HMB1693**  
MULTI-ADJUSTABLE BENCH

Net Weight/Gross Weight: 19.5 kg / 21.5 kg  
Assembled Dimensions: 1500x500x970mm  
Carton Dimensions: 1150x380x240mm  
Maximum Load Capacity: 120 kg



**HMB1681**  
MULTI-ADJUSTABLE BENCH

Dimensions: 1500x500x1200mm  
Net Weight / Gross Weight: 15 kg / 17 kg  
Cushion Color: Black



**MB 1695** | MULTI BENCH PRESS

Sit-Up Bench: Adjustable  
Set-Up Size: 173 x 52 x 140 cm  
Tube Thickness: 50 x 50 x 1.5 mm  
Maximum User Weight: 120 kg



**OB 05** | MULTI BENCH

Main Frame: 50mm x 50mm x 1.5t  
45mm x 45mm x 1.5t  
25mm x 25mm x 1.0t  
Assembled Dimensions: 1640mm x 970mm x 1320mm



### SF- Adjustable Dumbbells



### SF- Hex Dumbbells



### SF- Vinyl Dumbbells

**Available Sizes:**  
1 kg, 2 kg, 3 kg, 4 kg, 5 kg,



### SF- Box Olympic Barbell

**Available Sizes:**  
1 kg, 2 kg, 3 kg, 4 kg, 5 kg,



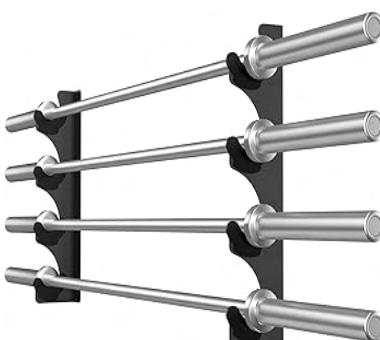
### SF- Steel Dumbbells

**Available Sizes:**  
2.5 kg, 5 kg, 7.5 kg, 10 kg, 12.5 kg, 15 kg, 17.5 kg, 20 kg, 22.5 kg, 25 kg, 27.5 kg, 30 kg, 35 kg.



### SF-Hex Olympic Barbell

**Available Sizes:**  
1 kg, 2 kg, 3 kg, 4 kg, 5 kg,



### SF- Olympic Barbell

**Available Sizes:**  
3'(36") / 4'(48") / 5'(60") / 6'(72") / 7'(84") / 8'(96")



### SF- EZ Olympic Barbell

**Available Sizes:**  
3' (36") / 4' (48") / 5' (60")



### SF-Hex Weight Plates

**Available Sizes:**  
2.5 kg, 5 kg, 7.5 kg, 10 kg, 12.5 kg, 15 kg, 17.5 kg, 20 kg, 25 kg.



**SF- D Rubber Plates**

**Available Sizes:**

2.5 kg, 5 kg, 7.5 kg, 10 kg, 12.5 kg, 15 kg, 17.5 kg, 20 kg, 25 kg.



**SF- Vinyl Kettlebell**

**Available Sizes:**

4 kg, 6 kg, 8 kg, 10 kg, 12 kg, 16 kg, 20 kg.



**SF- Yoga Mat**

**Available Sizes:**

3 mm, 4 mm, 5 mm



**SF- Digital Hand Grip**



**SF- Twister**



**SF- Skipping Rope**



**SF- Ab Slimmer**



**SF- Aerobic Step Board**



**SF- Stabilizer**



**SF- Gymball**



**SF- Digital Weighing Scale**



**SF- Dip Stand**

## OUTDOOR GYM



### OD- 201 | AIR BIKE

- A classic air bike with back support helps improve blood flow in the lower body.
- When used at your own pace, its therapeutic, repetitive motion enhances balance and coordination. Increasing the speed transforms it into a cardiovascular workout.



### OD- 202 | AIR WALKER

- Provides an excellent cardiovascular workout while strengthening leg muscles.
- Allows a full range of motion in the hip joints, enhancing flexibility and strength without stressing the joints or back.
- Suitable for all ages, especially for those who find jogging or power walking uninteresting.



### OD- 203 | ARM WHEEL (DOUBLE)

- Allows a full range of arm movement, enhancing flexibility and strength without stressing the joints or back.
- A great product that makes exercise more enjoyable.



### OD- 204 | BENCH PRESS

- An ideal outdoor bench press for weight training and a variety of bench exercises.



### OD- 205 | BRIDGE LADDER

- "Walking" hand over hand along the ladder is a simple yet strenuous exercise for the arms and shoulders.
- Alternatively, it can also be used for chin-ups.
- Suitable for teenagers and adults.



### OD- 206 | CROSS WALKER

- A fantastic product that makes exercise more enjoyable.
- Primarily designed to provide a full-body cardiovascular workout.
- Ideal for solo use or in pairs to promote social interaction.



### OD- 207 | CYCLE

- A classic leg cycling motion enhances blood flow in the lower body.
- When used at your own pace, its therapeutic, repetitive movement improves balance and coordination.
- Increasing the speed transforms it into an effective cardiovascular workout.



### OD- 208 | ELLIPTICAL TRAINER

- The elliptical cross trainer provides an excellent full-body cardiovascular workout.
- It enhances coordination and balance while offering a low-impact exercise for both the legs and arms.



### OD- 209 | ELLIPTICAL TRAINER (DOUBLE)

- The double-sided elliptical cross trainer provides an excellent full-body cardiovascular workout for two people at once.
- It enhances coordination and balance while offering a low-impact exercise for both the legs and arms.



### OD- 210 | HORSE RIDER

- Similar to a rowing machine but in a more upright position.
- The Rider provides a full-body cardiovascular and toning workout, engaging the legs for pushing and the arms for pulling against resistance.
- Targets the arms, shoulders, back, abdomen, and legs with a low-impact exercise.



### OD- 211 | KNEE CHAIR

- A classic leg curl chair designed to enhance blood flow in the lower body.



### OD- 212 | LEG PRESS (DOUBLE)

- Designed to enhance flexibility and balance.
- Handrails provide support for increased stretch and stability.
- An excellent workout for thighs and hips, reducing knee joint strain compared to traditional squats—suitable for all ages and abilities.



### OD- 213 | LEG STRETCH

- Suitable for teenagers and adults, the leg lift station allows for knee raises and leg lifts to strengthen the abdomen and upper thighs.



### OD- 214 | PARALLEL BAR

- A simple yet versatile piece of equipment that helps develop strength in the arms and shoulders.
- Features two sets of parallel bars at different heights, allowing for push-ups and dip exercises.
- Accommodates inclined press-ups, assisted squats, and knee raises.



### OD- 215 | ROWER

- The self-weighted rower features a back extension to prevent over extension.
- This sturdy rowing machine provides cardiovascular and toning benefits for all ages.
- The rowing action is one of the best forms of exercise, engaging the arms, shoulders, chest, back, and abdomen.



### OD- 216 | SEATED CHEST PRESS (DOUBLE)

- This machine primarily targets the chest muscles and triceps.
- It can be used by one or two people, making exercise social and fun.



### OD- 217 | SHOULDER & CHEST PRESS

- This machine serves a dual purpose, functioning as both a pull-down and a chest press.
- It can be used by one or two people, making exercise social and fun.



### OD- 218 | SHOULDER PRESS (DOUBLE)

- A dual-purpose machine designed for pull-ups to strengthen the shoulders and arm muscles.
- Can be used by one or two people, making exercise social and fun.



#### OD- 219 | SITUP BOARD

- Primarily targets core abdominal muscles and provides toning benefits for all ages.



#### OD- 220 | SITUP BOARD (DOUBLE)

- Primarily targets core abdominal muscles and provides toning benefits for all ages.
- Can be used by one or two people, making exercise social and fun.



#### OD- 221 | STEPPER & TWISTER

- Dual-function machine featuring a stepper and twister to improve flexibility and range of motion in the legs, hips, and waist.
- Ideal for warm-up and cool-down routines while also toning the obliques.



#### OD- 222 | STEPPER (DOUBLE)

- Double stepper enhances flexibility and range of motion in the legs and waist.
- Ideal for warm-up and cool-down routines while also toning the obliques.
- Allows two people to exercise together, with a less strenuous nature that promotes social interaction.



#### OD- 223 | SURF BOARD

- An excellent warm-up and workout that targets the lower abdomen, hips, and thighs.
- Improves balance and coordination through core activation.
- Engages both legs in a side-to-side swinging motion, making it suitable for all abilities.



#### OD- 224 | TAI CHI WHEEL

- Allows a full range of arm movement, enhancing flexibility and strength.
- Designed to be low-impact, reducing stress on joints and the back.
- A fantastic product that adds a fun element to exercise.



#### OD- 225 | TREADMILL

- Heavy-duty machine designed for cardiovascular exercises.
- Suitable for all age groups.



#### OD- 226 | TRIPLE TWISTER

- Gentle exerciser designed to improve flexibility and range of motion in the hips and waist.
- Ideal for warm-up and cool-down routines while also toning the obliques.



#### OD- 227 | WALL BAR

- Designed for exercising and climbing to enhance grip, stability, and balance.
- Can be used by one or more people, making exercise social and fun.



## INDOOR GAMES



**IG- 401** | TABLE TENNIS



**IG- 404** | BASKETBALL



**IG- 402** | FOOSE BALL



**IG- 405** | CAROM BOARD



**IG- 403** | SNOOKER



**IG- 406** | CHESS BOARD

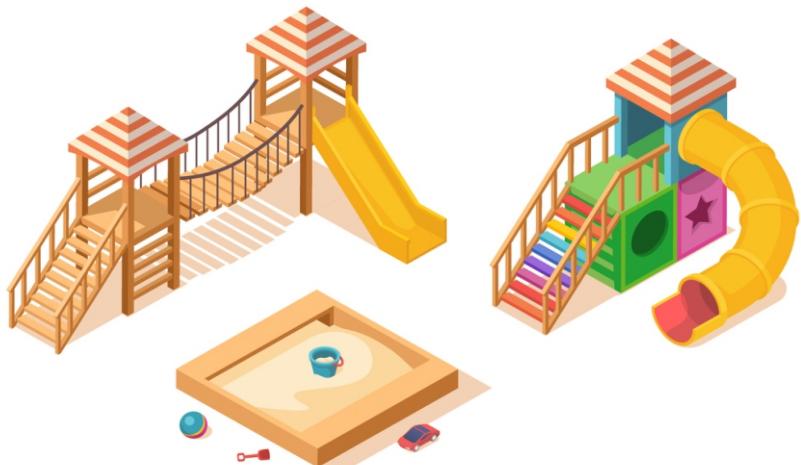
## CHILDREN PLAY

### Key Features:

Durable & Weather-Resistant – Made from sturdy materials like metal or plastic with protective coatings.

Safe & Secure – Features non-slip surfaces and handrails for better grip and stability.

Smooth & Controlled Spinning – Designed for even rotation to prevent sudden jerks.



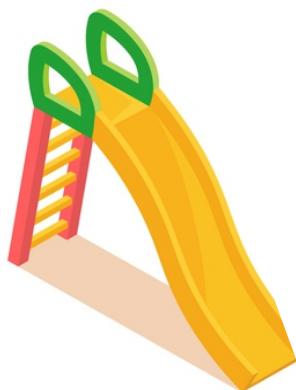
**CP- 301 | PLAY STATIONS**



**CP- 302 | HORSE RIDER**



**CP- 303 | MULTI STATIONS**



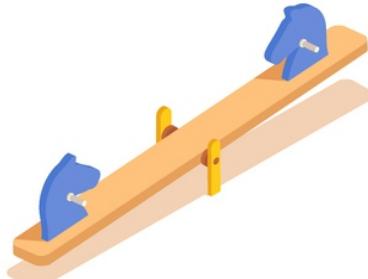
**CP- 304 | SLIDE**



**CP- 305 | MARRY-GO-ROUND**



**CP- 306 | SWING**



**CP- 307 | SEA SAW**



### THI 70 | DC MOTORISED TREADMILL

Motor Power: DC 3 HP Continuous / 6 HP Peak  
 Speed: 1-18 Kms/hr  
 Running Area: 20" x 53.5"  
 Auto Incline: 15%  
 Max. User Weight: 140 Kgs  
 Display: LED monitor (time, speed, distance, calories, heart rate)  
 Heart Rate Sensor: Tracks pulse for fitness monitoring  
 Speakers: Bluetooth-enabled for music and entertainment  
 App Connectivity: Spax App for workout tracking and customization  
 Folding System: Hydraulic for easy storage  
 Lubrication: Easy lubrication system for smooth maintenance  
 Net Weight: 80 kg  
 Gross Weight: 90 kg



### TIF 60 | DC MOTORISED TREADMILL

Motor Power: DC 3 HP Continuous / 6 HP Peak  
 Speed: 1-20 Kms/hr  
 Running Area: 18" x 55"  
 Auto Incline: 20%  
 Max. User Weight: 150 Kgs  
 Display: 7-inch LCD tracks time, speed, distance, calories, and heart rate  
 MP3 & Speakers: Built-in for music and entertainment  
 App System: Syncs with Spax app for workout tracking  
 Hydraulic Folding System: Easy storage and space-saving  
 Cushioned Deck: Shock-absorbing for joint protection  
 Quiet Operation: Low-noise motor for a peaceful workout  
 Easy Lubrication System: Simplifies maintenance  
 Net Weight: 78 kg Gross Weight: 88 kg



### TF 40 | DC MOTORISED TREADMILL

Motor Power: DC 2 HP Continuous / 4 HP Peak  
 Speed: 1-18 Kms/hr  
 Running Area: 16.5" x 48.5"  
 Manual Incline: 3 Level  
 Max. User Weight: 120 Kgs  
 Display: 5-inch LCD (time, speed, distance, calories)  
 Speakers: Bluetooth & MP3 compatibility  
 Cushioning: Shock-absorbing deck for joint protection  
 Lubrication: Auto lubrication for smooth operation  
 App Connectivity: Spax app for workout tracking  
 Extras: Dumbbells, sit-up bar, massager  
 Dimensions: 155 x 104 x 71 cm  
 Net Weight: 63 kg, Gross Weight: 73 kg



### TM 11 | DC MOTORISED TREADMILL

Motor Power: DC 1.5 HP Continuous / 3 HP Peak  
 Speed: 1-14 Kms/hr  
 Running Area: 16" x 48"  
 Manual Incline: 2 Level  
 Max. User Weight: 100 Kgs  
 Bluetooth & MP3 Speakers: Built-in for entertainment during workouts  
 Spax App System: Syncs with fitness apps for tracking and customization  
 LCD Monitor: 4-inch display tracking time, distance, speed, and calories burned  
 Cushioned Deck: Shock absorption to reduce joint impact  
 Running Belt: 1.4 mm thick for durability  
 Running Board: 12 mm thick for added support



### TV 30 | DC MOTORISED TREADMILL

Motor Power: DC 2 HP Continuous / 4 HP Peak  
 Speed: 1-14 Kms/hr  
 Running Area: 16" x 48"  
 Manual Incline: 3 Level  
 Max. User Weight: 110 Kgs  
 Bluetooth Speakers: Seamlessly connect your devices for entertainment while you work out.  
 4-inch LCD Display: Easy-to-read display showing key workout stats in real-time  
 Spax App System: Track and analyze your performance with the Spax App for personalized fitness insights  
 Dimensions: Length: 61.02 inches (155 cm),  
 Height: 40.94 inches (104 cm), Width: 27.95 inches (71 cm)



### TM 10 | DC MOTORISED TREADMILL

Motor Power: DC 1.5 HP Continuous / 3 HP Peak  
 Speed: 1-12Kms/hr  
 Running Area: 16" x 44"  
 Manual Incline: 3 Level  
 Max. User Weight: 90 Kgs  
 Easy Lubrication: Simplifies treadmill maintenance for smooth operation  
 LED Display: Tracks time, speed, distance, and calories burned  
 Mp3 Speakers: Built-in for music and entertainment  
 Cushioned Deck: Shock absorption to reduce joint impact  
 Running Belt Thickness: 1.4 mm  
 Running Board Thickness: 12 mm  
 Spax System: App connectivity for advanced fitness tracking.  
 Net Weight: 31 kg Gross Weight: 36 kg



### TM 9HA | DC MOTORISED TREADMILL

Motor Power: DC 1.5 HP Continuous / 3 HP Peak  
 Speed: 1-12 Kms/hr  
 Running Area: 16" x 42"  
 Manual Incline: 3 Level  
 Max. User Weight: 100 Kgs  
 LED Display: Tracks time, distance, speed, and calories burned  
 Water Bottle Holder: Convenient holder to keep water within reach  
 Anti-Skid Belt: Safer and more stable running surface  
 Transport Wheels: Built-in for easy movement and storage  
 Folding Hydraulic System: Easy to fold for space-saving storage  
 Pause & Hand Control Start/Stop Button: Control workout directly from hand controls  
 Belt Thickness: 3mm thick for durability



### TM 116 | DC MOTORISED TREADMILL

Motor Power: DC 2 HP Continuous / 4 HP Peak  
 Speed: 1-16 Kms/hr  
 Running Area: 16" x 44"  
 Manual Incline: 4 Level  
 Max. User Weight: 110 Kgs  
 Anti-Skid Belt: Safer and more stable running surface  
 Heart Rate Sensor: Built-in sensor to monitor pulse  
 Transport Wheels: Built-in for easy movement and storage  
 Safety Key: Emergency stop feature for security  
 Display: Tracks key metrics like speed, distance, calories, heart rate, time  
 Folding Hydraulic System: Easy to fold for space-saving storage



### TM 104 | DC MOTORISED TREADMILL

Motor Power: DC 1.5 HP Continuous / 3 HP Peak  
 Speed: 1-14 Kms/hr  
 Running Area: 16" x 44"  
 Manual Incline: 4 Level  
 Max. User Weight: 100 Kgs  
 Anti-Skid Belt: Safer and more stable running surface  
 Heart Rate Sensor: Built-in sensor to monitor pulse  
 Transport Wheels: Built-in for easy movement and storage  
 Safety Key: Emergency stop feature for security  
 Water Bottle Holder: Convenient holder to keep water within reach  
 Display: Tracks key metrics like speed, distance, calories, heart rate, time  
 Folding Hydraulic System: Easy to fold for space-saving storage



### S 145 | SPIN BIKE

11 kg Flywheel: Delivers a smooth and intense workout, ideal for boosting heart fitness and burning calories  
 Magnetic Resistance: Provides a quiet, low-maintenance workout with adjustable resistance levels  
 Pad/Mobile Holder: Conveniently holds your phone or tablet while cycling  
 Transport Wheels: Easily move and store the bike  
 Pedals: Designed for comfort and stability during your ride  
 Emergency Brake: Ensures quick stopping for safety  
 Mirror & CD Sticker: Customizable design with mirror and CD sticker for a personalized touch  
 Low Impact on Joints: Gentle on joints while still enhancing lower body strength  
 Net Weight: 29 kg, Gross Weight: 36 kg



### AB 111 | AIR BIKE

Weight Supported: 100 kg  
 Display Type: LCD Monitor  
 Displayed Information: Speed, Distance, Time, Calories  
 Handle Bar Grip Material: Cushion Handle Grip  
 Pedal Material: Heavy-Duty Plastic  
 Seat Adjustments: Vertical and Horizontal seat adjustment  
 Drive Type: Belt  
 Resistance Type: Air Resistance  
 Resistance Levels: 10  
 Additional Body Features: Designed for full-body workouts, providing a complete cardio routine at home. Strengthens lower body, tones body, and promotes overall well-being. Dual-moving arms enhance upper body endurance.  
 V-Belt Drive System: Precision-balanced fan wheel with a belt drive mechanism ensures smooth, effective, and quiet workouts with low maintenance. Pedals connected to the belt drive simulate outdoor biking.  
 Display Meter Power: Battery Operated  
 Dimensions: Width: 24 inches / Height: 46 inches / Depth: 61 inches / Weight: 17.5 kg



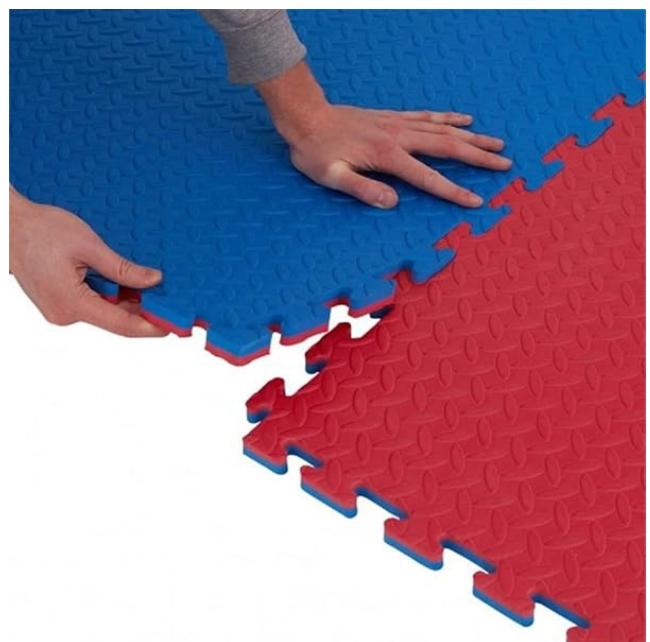


**3D layout of a 3000 sq. ft. gym featuring cardio machines, strength equipment, free weights, private rooms, and a smoothie bar.**



### Gym flooring

These gym flooring mats are durable, slip-resistant, noise-reducing tiles available in various colors for versatile gym use.



### Gym interlocking flooring

Interlocking Design | Durable Material  
Shock Absorption | Non-Slip Surface  
Customizable Coverage | Easy Maintenance



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## FITNESS ACADEMY

### GYM

shape your body

WORKOUT WITH WORLD CLASS EQUIPMENT

### CROSSFIT

CRAZE IN THE WORLD

### ZUMBA

DANCE YOUR  
WAY TO FITNESS

### YOGA

FOR A GOOD  
FLEXIBLE BODY

### MMA

BE FIT WHILE LEARNING  
SELF DEFENSE

### SPA

RELAX rejuvenate BREATHE  
refresh ENJOY nourish RENEW



Healthy  
BODY  
Healthy  
LIFE

**We provide certified fitness trainers  
for individuals and corporate clients.**

### World Class Fitness Centre

- Best place to get fit and have fun doing it...
- Join us to meet your fitness goals
- Join us for a world class fitness experience
- World class fitness services at unbelievable prices
- 30 years of excellence in the fitness industry at your service



# STAYFIT® HEALTHCARE



**BEST  
QUALITY  
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ACTIVEWEAR  
FOR SUPERIOR COMFORT

Men  
Women  
Kids



	ANTI MICROBIAL
	COOLING EFFECT
	SOFT & SMOOTH
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**STAYFIT® #1** FITNESS BRAND  
FITNESS COMPANY  
CHAIN OF SHOWROOMS

## STAYFIT NETWORK



STAYFIT Provides Fitness Solutions to Homes, Hotels, Health Clubs, Hospitals, Institutions, Apartments, Fitness Centers, Corporates & Commercial Use.

**STAYFIT® BRANCH**



**STAYFIT® #1** FITNESS BRAND  
FITNESS COMPANY  
CHAIN OF SHOWROOMS

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Equipment/models are designed, engineered in USA & assembled in USA, Taiwan, China & Korea.

As a continuing policy of product improvement, the design & specifications of the models are subject to change without any prior notice

