

MilletFit

A nutritional yet delicious multi-millet drink to kick off your healthier lifestyle. Start your day right with this vegan, gluten-free and all-natural beverage.

MilletFit has power of 4 Millets

- ✓ FINGER MILLET / RAAGULU
- ✓ PEARL MILLET/BAJRA-SAJJALU
- ✓ KODO MILLET /ARIKALU
- ✓ FOXTAIL MILLET/ KANGNI/ /KORRALU

MilletFit is made of:

- ✓ Plant protein
 - ✓ Goodness of Jaggery
 - ✓ Vitamins & Minerals
 - ✓ Dairy free
 - ✓ Low Calories
-
- ✓ Zero cholesterol Gluten free
 - ✓ vegan free
 - ✓ Plant friendly
 - ✓ product of India

MilletFit -Protein Shake

- ✓ Increases Performance
- ✓ Increases Stamina
- ✓ Increases Immunity
- ✓ Improves brain function

MilletFit has

- No added white sugar
- No added Flavours
- No added Artificial Flavours
- No added Preservatives

Do you know?

- Ragi millet has 30 times more calcium than rice.
- Bajra millet has highest Folic acid amongst millets
- Foxtail millet is rich in Iron& rice is no where in the race.
- Kodu millet - Beta Carotene is available in abundant Quantities.

MilletFit is available in three Flavors (add image)

- Chocolate
 - Apple Cinnamon
 - Mango Cardamom
- Apple cinnamon

FAQS

1. What are Millets?

Millets are small-seeded cereal crops that are widely grown around the world. They are among some of the oldest foods to be cultivated, with evidence of their use dating back 4000 years ago. Today, millets are gaining more recognition for their health benefits and nutritional value.

Millets are superfoods. They outshine wheat and rice in many aspects. They are high in both macro-nutrients, like proteins and fats, and micro-nutrients, like iron and calcium. They guard us against many vitamin and mineral deficiencies. They are rich in fibre, are gluten-free, and low glycemic index(GI)which means low impact on your blood sugar.

2.what is MilletFit made of?

MilletFit is made from powerful blend of millets like Ragi, Bajra, Foxtail, Kodu Millets and added with goodness of jaggery.

3.How to consume MilletFit?

Have it your way!

Just grab it and sip or

Mix with your favorite muesli or flakes or oats.

MilletFit can be consumed as your breakfast as It meets all your essential nutrients to start your day.

4.What are the benefits of MilletFit?

- Control blood sugar
- Improves digestive health
- Protect your heart
- Helps to maintain healthy weight